



Annual Report 2025

Mission Statement

The Lethbridge Pregnancy Care Centre is a local Christian agency offering compassionate support and education to anyone experiencing unexpected pregnancy and pregnancy related losses, as well as programs encouraging healthy relationships.

Supporting Thriving Through:

Options

Factual Information on:

- *Parenting*
- *Adoption*
- *Abortion*

Practical Supports

Peer Advocacy:

- *Community Supports*
- *Pregnancy Tests*
- *Clothing Room*

Programs & Classes

Group and Individual Support:

- *Parenting*
- *Grief + Loss*
- *Post-Adoption*
- *Post-Abortion*
- *Reaching My Goals*
- *Healthy Relationships*



FROM THE EXECUTIVE DIRECTOR

Dear Reader,

Sally* was in a situation that truly felt hopeless...and I say that as someone who tends towards idealistic optimism. I walked away from our first meeting feeling as though the barriers in her life were just far too big. We tried every angle we could to support her desire to parent and overcome the hurdles in front of her, but more than that, we began to pray. My friends, today I want you to know that **God is still working in miraculous ways!**

Through phone calls, prayers, and partnership between agencies, Sally is housed, parenting, and thriving. Sally is just one example of the clients we have walked along side this year. **We saw an increase of 10% in the number of appointments held here at the Centre and a 40% increase in the number of referrals to other local agencies this year.** This is a reflection of our desire to see every client thriving with a strong network of supports.

It is my hope that as you read this report, you will feel encouraged and inspired seeing the wonderful work that is being done through the Lethbridge Pregnancy Care Centre team. This is possible thanks to you, our community of supporters. **Thank you to those who have prayed, to those who have given of their time to volunteer, to those who have shared blessings through their financial partnership, donations, and words of encouragement.**

He is still in the business of working miracles friends!

Danielle Koop

Executive Director



*Names within this report are changed for privacy reasons



OPTIONS INFORMATION

The Lethbridge Pregnancy Care Centre provides support to individuals facing an unexpected pregnancy by offering information on all of their options. Our trained staff and volunteers provide compassionate care and education to help individuals make informed decisions based on their unique circumstances. We offer ongoing support and tools throughout the decision-making process and beyond. By offering these services, we aim to empower individuals to make the best decisions for themselves and their families.

Claire* came to the Centre seeking options information during a difficult and uncertain time. Through compassionate support and conversation, she was able to access resources and information that helped her navigate her next steps with greater confidence. Reflecting on her experience, she shared, **“The staff were kind and supportive. I felt heard and respected during my visit. The Centre provided useful resources and helped me feel more confident about my next steps.”**

Moments like this reflect the importance of creating a safe and welcoming space where clients can explore their options, ask questions, and receive support without pressure or judgment.

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382 Unique Clients

123 Options Information Appointments

87 Babies Born

As Zoey* prepared to welcome her baby, the practical support available through the Centre became an important source of encouragement and relief. Along with receiving information and resources, she was able to access needed baby items through the donation room as she approached her due date. Reflecting on her experience, she shared, **“I really liked all the information they gave me while I was there, and I also love your guys’ donation room. It was very helpful since I’m so close to my due date. Thank you guys once again.”**

For many clients, practical support can help ease some of the stress that comes with preparing for a new baby. Through donated items and compassionate care, the Centre is able to provide tangible support during an important season of life.



446 Referrals to additional community supports

\$143,200 Worth of donated material items
for income qualifying clients

1,784 In-Person Appointments



PRACTICAL SUPPORTS

The LPCC offers practical support to those who may need it, such as free pregnancy tests, community connections, and access to the clothing room.

PROGRAMS & CLASSES

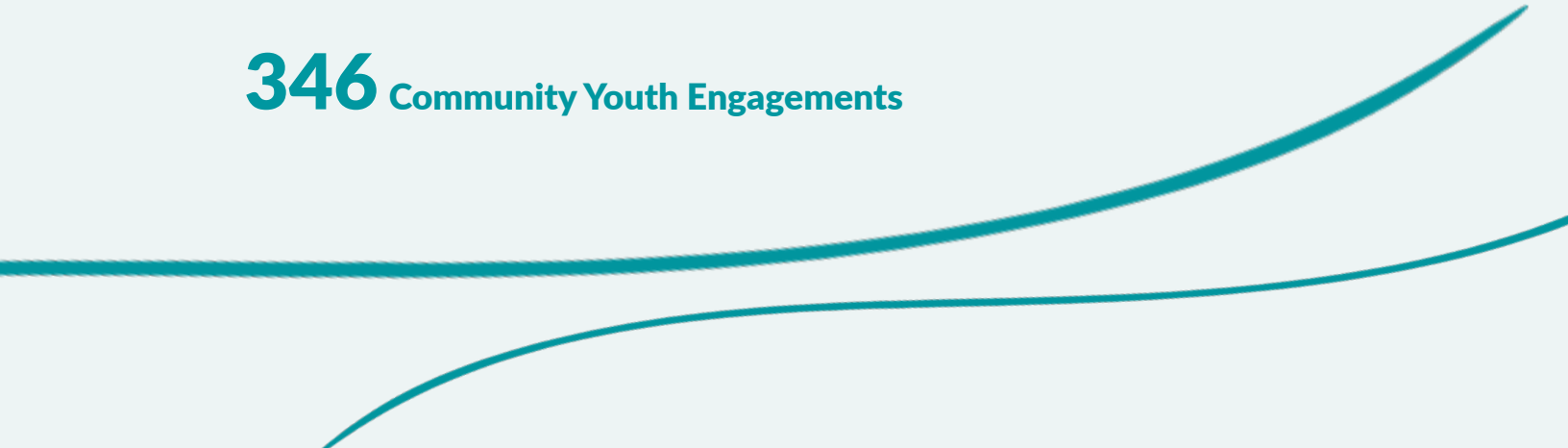
The Lethbridge Pregnancy Care Centre offers a variety of programs and classes designed to support individuals and their families towards thriving. Our programs are offered in both individual and group formats. The programs cover topics such as healthy relationships, reaching personal goals, grief and loss for post-adoption or post-abortion experiences and pregnancy related losses. We offer Baby's First Year classes to assist individuals in navigating their new parenting journey, as well as workshops on topics like budgeting, self-care, and early brain development. It's your support that continues to offer these vital resources to our community.



9 Local Agency Collaborations

142 Programming Visits

346 Community Youth Engagements

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Over the past year, Eden* has become a familiar face at many of the Centre's workshops, regularly attending classes focused on parenting education, encouragement, and community connection. Through these programs, she was able to build relationships with other parents while gaining practical knowledge and support throughout her parenting journey.

Reflecting on her experience, she shared, **“Always love coming to classes. I’ll be sad when I can’t come anymore.”**

Her words are a meaningful reminder that the workshops offer more than education alone. They create a place where clients can find connection, encouragement, and a sense of community as they navigate together.

FROM THE CLIENT SERVICES DIRECTOR

I joined the staff at the Lethbridge Pregnancy Care Centre in May 2025. Beginning as the Executive Assistant allowed me to learn the administrative side of the Centre while spending some time supporting client services. I then stepped into the role of Client Services Director in December. I feel this was a providential path as it takes time to grasp this unique work.

My experience has been humbling, encouraging, rewarding, challenging, and an immense blessing. It has strengthened my adaptability and taught me to be responsive to the needs of each day. A wise predecessor once told me that “the interruptions are the work”, or as we often say, “divine appointments.” That perspective has reshaped how I show up and how I measure productivity. Knowing that we are simply joining God in the work He is already doing allows me to hold my plans and timelines with an open hand. I can also trust that the outcomes are in His hands. We can offer clients information, support, and resources, but only God can transform lives. We surround each client in prayer and entrust them to Him, knowing He holds their future. I have witnessed God at work in remarkable ways - answered prayers and hopeful progress in clients’ lives.

I am truly blessed to work alongside some of the most special people. Our team of volunteers and staff show up faithfully, offering their time, talents, compassion, and grace to serve each client with dignity. I have seen how God pairs the right advocate and client together, considering each person’s background and personality. We also support one another through the personal challenges in our own lives, forming a beautiful Christian community.

I have seen firsthand how deeply our services are needed in Lethbridge, and I am grateful that we can provide a safe, caring space for those who walk through our doors.

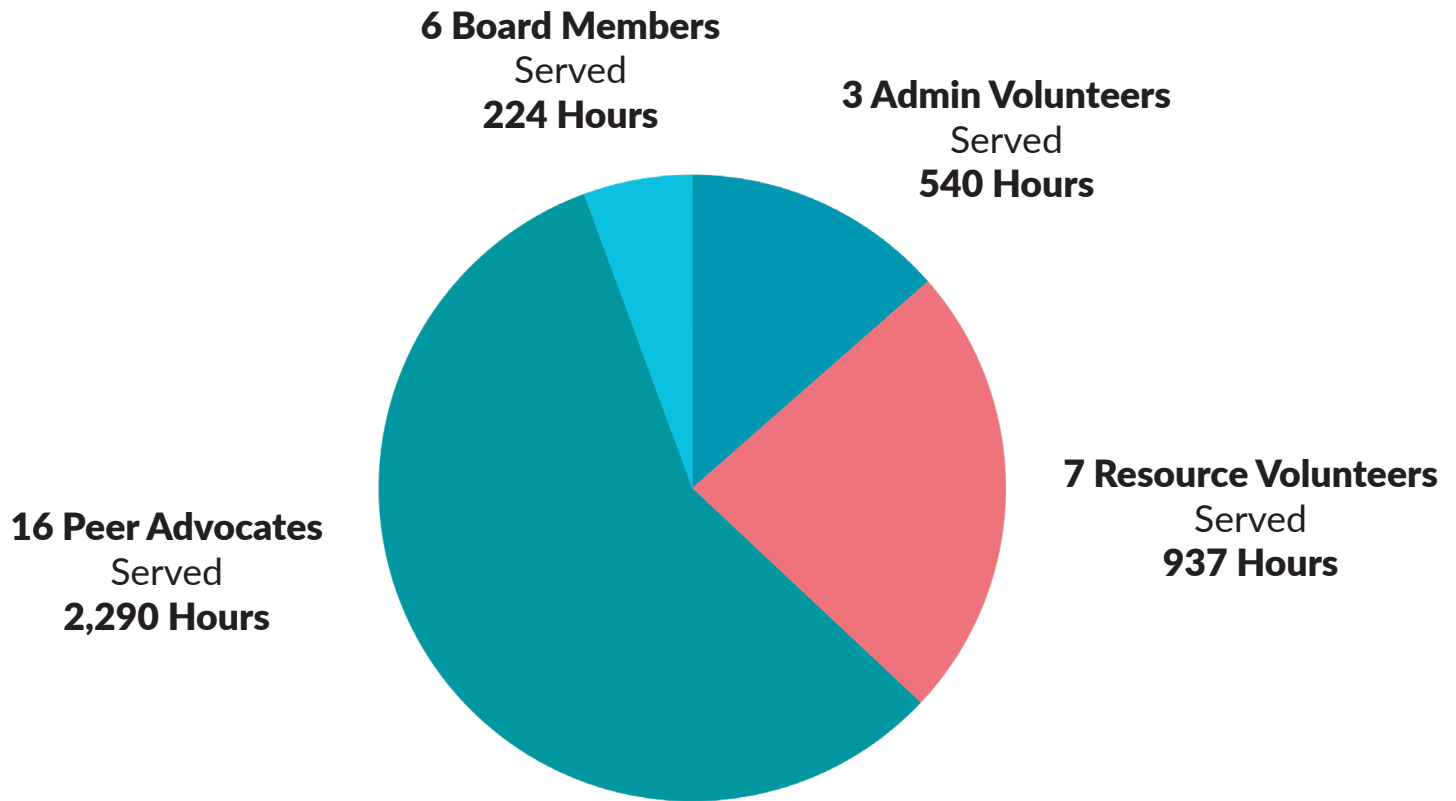
My passion has grown for offering grace and empathy to people facing unexpected pregnancies or experiencing pregnancy-related loss. I am also excited to provide practical support, education, and connection opportunities that empower clients to form healthy relationships and thriving families. **My hope is that everyone we meet will feel safe and loved, regardless of their situation or past, and that they will find support, information, hope, and healing.**



Stephanie Bekkering

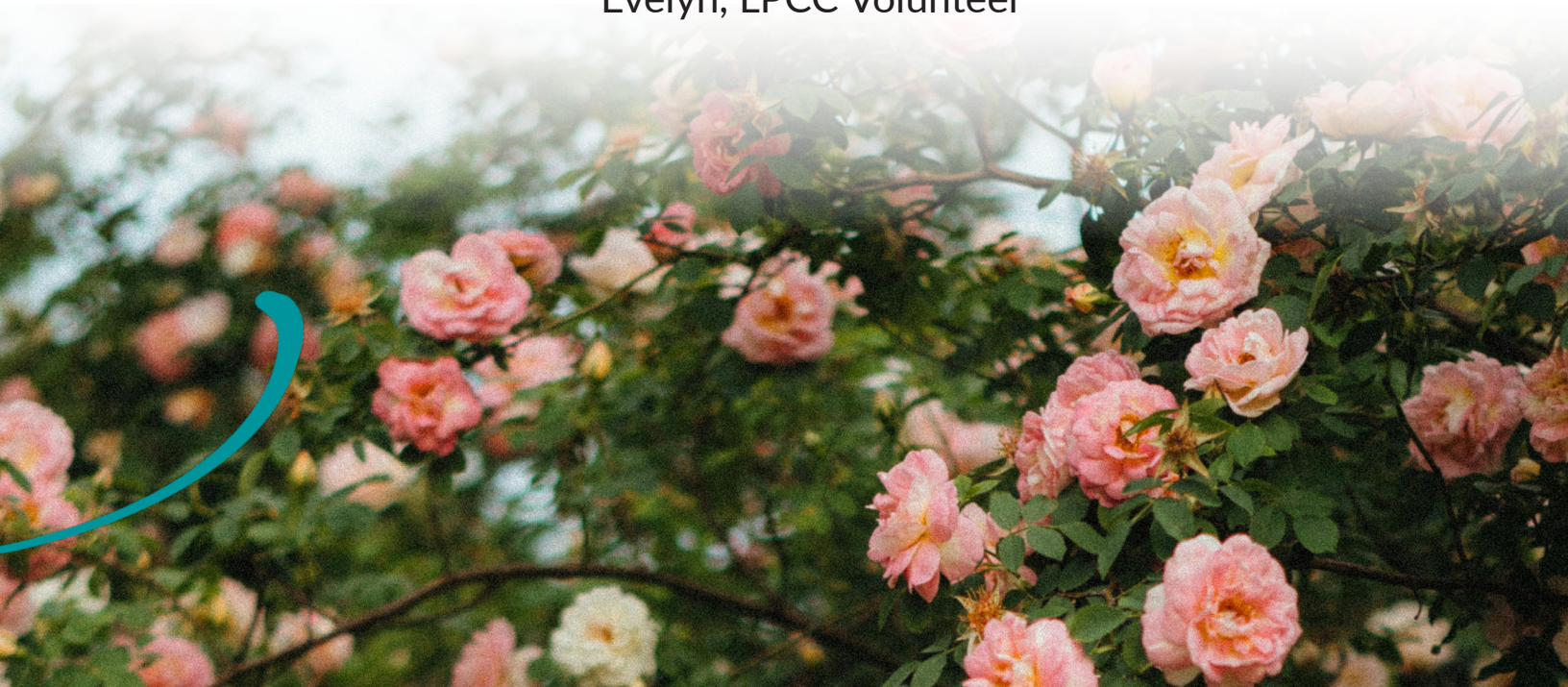
Client Services Director

In 2025, the LPCC's team of 32 Volunteers served a total of 4,135 hours.



"I always look forward to my day at the center. My colleagues feel like family and the different worlds of my clients allow me to see the world in new ways. I'm grateful for the opportunity here to be involved in the community and always feel blessed when I leave."

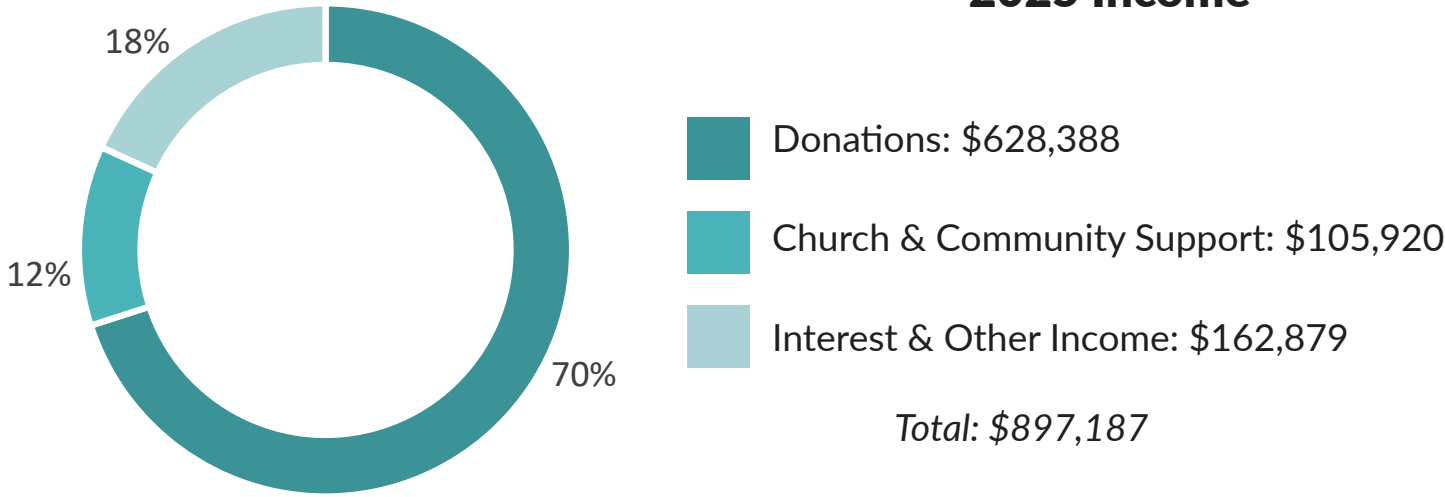
Evelyn, LPCC Volunteer



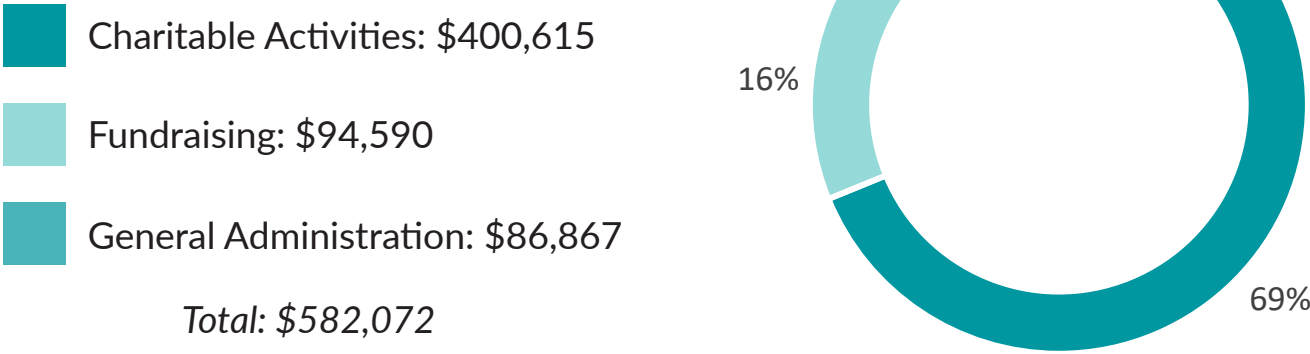
SUMMARIZED FINANCIAL INFORMATION

For complete audited financial statements,
please visit www.lethbridgepregcentre.com/donors

2025 Income



2025 Expenses



\$315,115 For future sustainability and program development. In an effort to be good stewards, and in planning for the future of the Centre, the board had placed some savings into secure investments. Some of those investments matured this year contributing to the additional revenues shown here.

Meet the Board of Directors



Matthew Van Dyk
2019-2025



Sheila Friesen
2023-Present



Cynthia Holtrop
2020-2025



Joni Sawatsky
2021-Present



Chris Schalk
2022-Present

From the Board Chair

From the very beginning, the Lethbridge Pregnancy Care Centre has been built around grace, compassion, and care. With 12 years of history, this is a culture that is deeply rooted and continues to thrive.

Living within the realities of confidentiality, often the stories we see come in the form of year over year numbers, summaries, or topics covered in programming. Yet we know that behind every number is a full story complete with characters, circumstances, challenges, and outcomes. Each appointment, each visit to the resource room, and each cohort in a classroom represent a touchpoint where **we have the opportunity to reflect God's love and grace.**

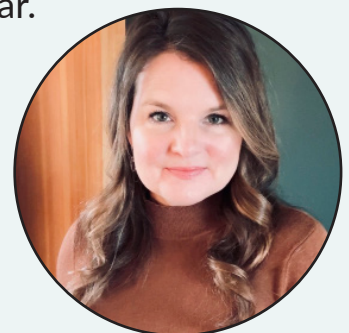
As a board, we are so grateful for those who serve in administrative and client services roles - sitting with clients, offering resources, co-creating solutions, and seeing hearts fill with hope. **The LPCC is known in our city and beyond as a non-judgmental, compassionate, and generous community support largely because of their servant-hearted leadership.**

Similarly, we are grateful for you, the supporters of the Lethbridge Pregnancy Care Centre. When you support the mission of LPCC with your time, finances, prayer, and advocacy, **you are strengthening a grace-based community of care.** A place where women and men experiencing unintended pregnancy and pregnancy related losses can feel safe to open up about their experience and navigate the uncertain road ahead feeling a little less alone.

Please pray with us as we continue to seek new and innovative ways serve our community and step into the relationships God is calling us to in the coming year.

On behalf of the LPCC Board,

Christy Jansma
LPCC Board Chair



2022-Present

Want To Get Involved?

Prayer Support: As a Christian agency, we believe in the power of prayer as we work to share grace and love with each of our clients. Ultimately we hope to see each woman and man that comes through our doors reach their God-given potential. Your prayers are valuable!

Financial Support: Because of generous donors, we can continue being a safe place for anyone experiencing an unexpected pregnancy. There are many ways for you to get involved financially. Whether you support the LPCC with a one-time donation, monthly support, gifts of shares, mutual funds, or bonds, your support will make a difference.

Material Support: A practical way for you to get involved with the Centre is to help provide material supports to our clients. Items we always seem to need are formula, wipes, and diapers. We also accept donations of gently used items such as maternity and baby clothes. If you would like a complete list of our current needs and what we can and cannot accept, visit our website at: www.lethbridgepregcentre.com/donors/donating-new-or-used-items

If you want more information on these opportunities, please contact us!



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www.lethbridgepregcentre.com