



# 2022 ANNUAL REPORT





## Mission Statement

The Lethbridge Pregnancy Care Centre is a local Christian agency offering compassionate support and education to anyone experiencing unexpected pregnancy and pregnancy related losses, as well as programs encouraging healthy relationships.

### Supporting Thriving Through:

#### Options Information

Factual Information on:

- Parenting
- Adoption
- Abortion

#### Practical Supports

Peer Advocacy:

- Community Supports
- Pregnancy Tests
- Clothing Room

#### Programs & Classes

Group and Individual Support:

- Healthy Relationships
- Reaching My Goals
- Post-Abortion
- Parenting
- Grief + Loss
- Post-Adoption

**We provide accurate information on all options; we are not a medical facility and we do not provide or arrange for abortions. All our services are free and confidential.**

*\* To protect client privacy, names and identifying details in this report have been changed.*

# FROM THE EXECUTIVE DIRECTOR

**Dear Reader,**

It is my hope that as you read this report, you will feel encouraged and inspired seeing the wonderful work that is being done through the Lethbridge Pregnancy Care Centre.

Heading into 2022, it was the desire of the Centre to connect our clients to thriving. As you flip through these pages, I invite you to take note of those places where you see women, men, and their families, moving towards thriving lives. These are the places where lives are being changed and hope is being discovered.

This incredible work is possible thanks to our community of supporters. Thank you to those who have prayed. Thank you to those who have given of your time to volunteer on our board, committees, in our facility, and alongside our clients. Thank you to those of you who have shared blessings through your financial partnership.

It truly takes a village, and I am continually amazed at the way that God has provided such a strong and compassionate community of support for the LPCC and those we journey alongside.

God Bless,



**Danielle Koop**

**Executive Director**



# OPTIONS INFORMATION

**The Lethbridge Pregnancy Care Centre provides support to individuals facing an unexpected pregnancy by offering information on all three of their options: parenting, adoption, and abortion. Our trained staff provides compassionate care and education to help individuals make informed decisions based on their unique circumstances. We offer ongoing support and tools throughout the decision-making process and beyond. By offering these services, we aim to empower individuals to make informed decisions for themselves and their families.**



**CLIENT STORY:** Jodi and Mark\*, a young couple, found themselves facing an unexpected pregnancy. They made a decision, but after a few weeks, they still felt unsure and unsettled. Feeling unable to confide in their family or friends, they turned to the LPCC for a safe and supportive space to talk.

At the Centre, Jodi and Mark discovered valuable tools and knowledge when they received options information from a client advocate. They had heartfelt conversations with caring individuals who listened attentively to their worries. With this support, they gained clarity and found the confidence to make a choice they felt truly comfortable with.

Thanks to the LPCC's support, Jodi and Mark were empowered to navigate their unique journey and make a decision that aligned with their values and dreams. Their story exemplifies the importance of having a place like the LPCC, where individuals can find compassionate care to make informed choices about their futures.

“

*The staff were very friendly and understanding. They went above and beyond to make sure our needs were met. I had a very rough week, and the time I spent at the Centre with the staff made me feel at ease and I left knowing we had what we needed for the baby.*

*Very helpful resource.*

*Client Quote*

”



**335** Unique Clients



**189** Options Information Appointments

## PROGRAMS & CLASSES

The Lethbridge Pregnancy Care Centre offers a variety of programs and classes designed to support individuals and their families towards thriving. Our programs are offered in both individual and group formats. The programs cover topics such as healthy relationships, reaching personal goals, grief and loss for post-adoption or post-abortion experiences and pregnancy related losses. We offer Baby's First Year classes to assist individuals in navigating their new parenting journey. With your support, we can continue to offer these vital resources to our community.

“

*It was great to come and learn a few new things as well as to meet some moms going through the same thing! I would definitely recommend these classes to my mom friends!*

*Client Quote*

”





**CLIENT STORY:** Tara\* found her way to the Centre after a friend told her about the resources and clothing support available. What she discovered was a place where she could receive both material and emotional support as she set off on her journey. Tara found a new confidence in her decision to parent knowing there was access to clothing, formula, diapers, and wipes. However, she still felt anxious and overwhelmed when considering the long term of her family.

Recognizing her desire for personal growth, Tara's advocate suggested she try the "Reaching my Goals" program offered by the LPCC. With each session, Tara felt a spark of hope reignite within her. She identified her aspirations and devised a plan to turn them into reality. Filled with excitement, she enrolled in a program at a local college.

Tara has undergone a remarkable transformation, her daughter is flourishing, and they are building a beautiful future. Their journey from surviving to thriving serves as a powerful inspiration, and showcases the impact that compassionate support and encouragement can have on those we interact with.

- **153** Programming Visits
- **8** Community Agency Collaborations
- **200+** Community Youth Engagements



## PRACTICAL SUPPORTS

The LPCC offers practical support to those who may need it, such as free pregnancy tests, community connections, and access to the clothing room. Thanks to our incredible community of supporters, this year we were able to provide:

- **\$80,000+** worth of donated material items for income qualifying clients
- **442** referrals to additional community supports
- **96** pregnancy tests
- **1,311** in-person appointments

“

*This place is a miracle!! They were able to help me with my daughter's special formula!*

*Made my day!!!*

*Client Quote*

”



**CLIENT STORY:** Melanie\* found herself facing an unexpected pregnancy. Just as she was coming to terms with the news, she gave birth prematurely without time to prepare. It was a challenging and overwhelming experience for her. The hospital social worker recognized Melanie's need for support and referred her to the Lethbridge Pregnancy Care Centre (LPCC).

At the LPCC, Melanie received not only the material supports she needed for her baby but also emotional support during this uncertain time. The caring staff at the LPCC understood Melanie's unique situation and provided encouragement as she navigated the complexities of being a single parent to a premature baby.

One particular challenge Melanie encountered was that her baby was not able to breastfeed, and she was worried about affording the high cost of buying formula for her little one. The LPCC was able to offer assistance, ensuring Melanie had access to the formula her baby needed. With this crucial support, Melanie felt relieved and more confident in providing the necessary care for her baby.

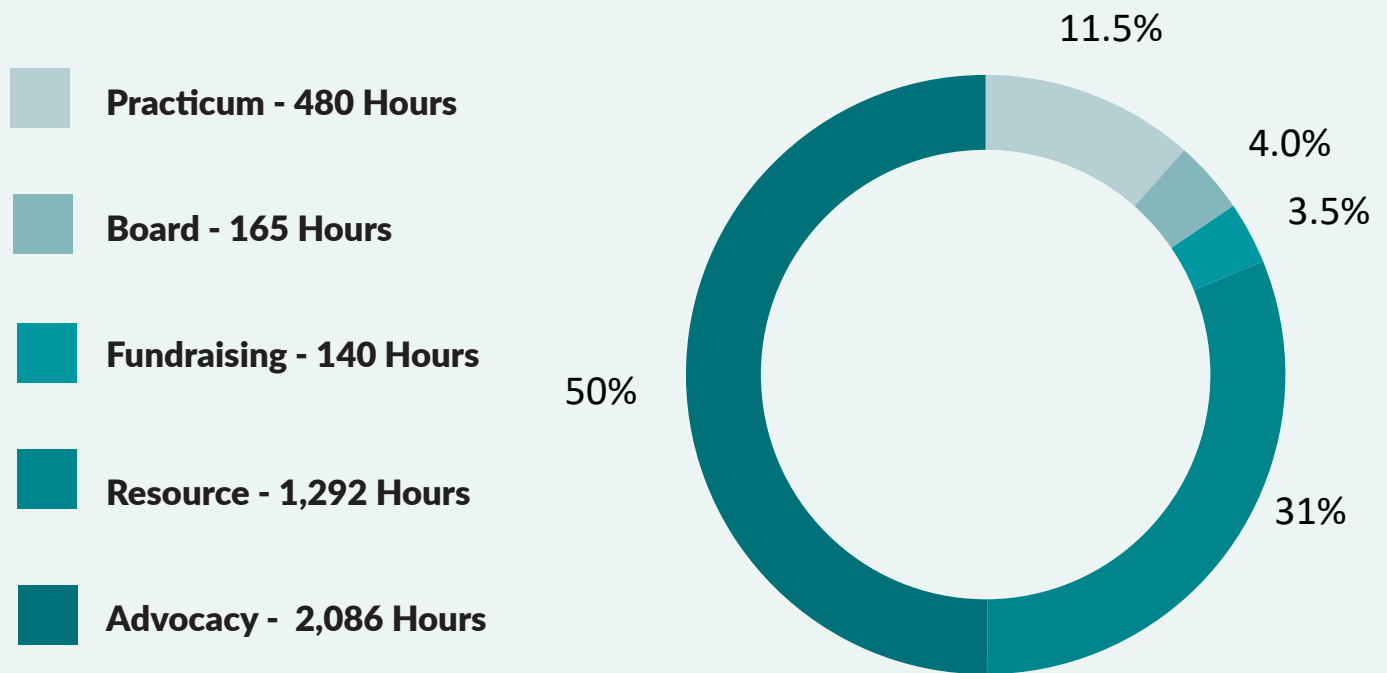
Through the help and compassion of the LPCC, Melanie was able to embrace her new role as a parent and face the journey ahead with strength and determination. The LPCC continues to be a valuable source of support, providing practical help and emotional guidance to individuals like Melanie.



# VOLUNTEERS

At the LPCC, our strength lies in the dedication and commitment of our dynamic team of 36 volunteers. They are the heart and soul of our organization, selflessly giving their time, skills, and compassion to support individuals and families in need. We are incredibly grateful for their unwavering support and the difference they make in the lives of those we serve.

2022 Volunteer Hours Served



*Thank you for always being so kind and caring towards me, I'm so grateful for you. I truthfully don't know where I'd be without you...*

*Client Quote*





**Volunteer Spotlight:** When I first walked into Jaci’s office to say I wanted to volunteer, I had pictured sorting clothes or cleaning, something behind the scenes. When she said the greatest need at that time was for client advocates and I heard myself saying “ok, wherever I’m needed most”, I was stunned to hear those words coming from my mouth. To say I was terrified and excited in equal measure would be accurate!

Since then, I have fallen more deeply in love with my Savior as I have had to lean on him in ways I never have before. I have felt him with me through my self doubt, in my pleas for wisdom, in my need for him to quiet my soul in a difficult session. I have seen him working in both the staff, as well as the clients I have had the privilege of working with. I have been stretched and I learn something new every single shift. I have been so blessed to walk beside these women who come in scared, or stressed, or frustrated. It never ceases to amaze and humble me that these brave women invite me, a stranger, to walk beside them in their pain.

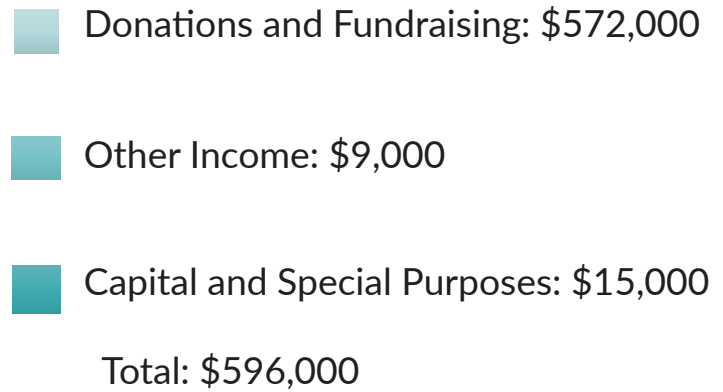
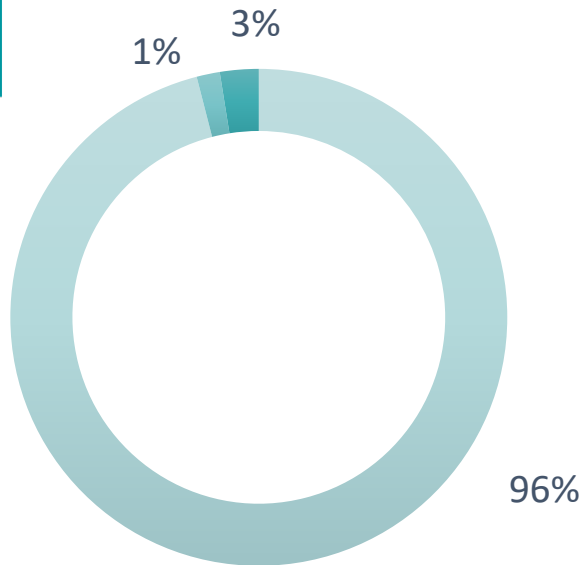
I look forward to my shift every single week. I have met some amazing clients, including women from various places, religious backgrounds, and ethnicities. I have had the opportunity to interact with these amazing women in a way I’m sure I never would have if it hadn’t been for the Centre. I am so very grateful for the privilege and opportunity. It truly is the highlight of my week.

**Andrea W.**  
**LPCC Volunteer**

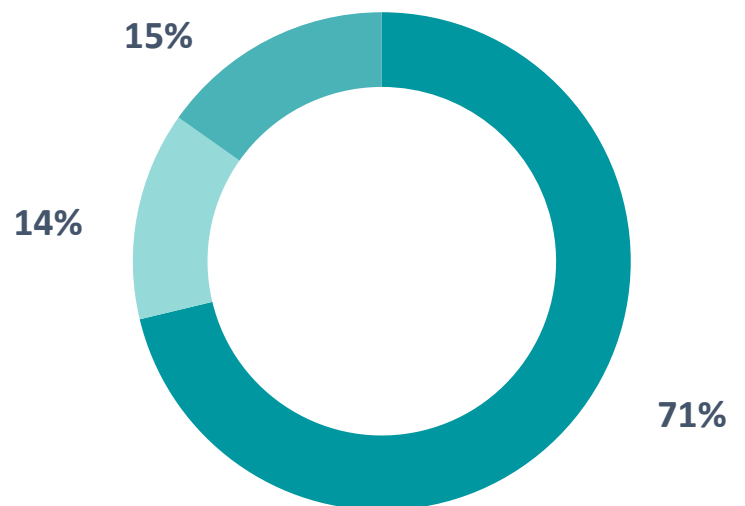
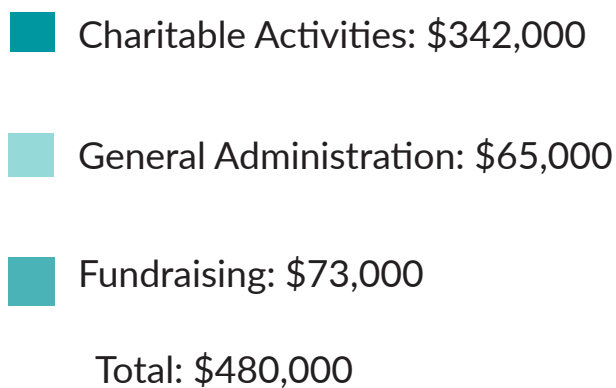
# SUMMARIZED FINANCIAL INFORMATION

For complete audited financial statements,  
please visit [www.lethbridgepregcentre.com/donors](http://www.lethbridgepregcentre.com/donors)

## 2022 Revenues



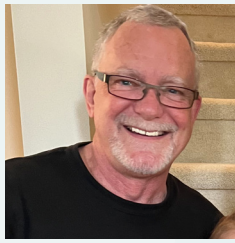
## 2022 Expenditures



*\$116,000 For future sustainability and program development*



Reuben Winkelaar  
2018-Present



Ed Stromsmoe  
2017-Present



Meagan Slingerland  
2017-Present



Cynthia Holtrop  
2020-Present



Joni Sawatsky  
2021-Present



Chris Schalk  
2022-Present



Christy Jansma  
2022-Present

## From the board

### Blown away - Grateful - Humbled

These are words that are commonly heard and read at our board meetings and in our board reports here at the LPCC. **Blown away** by the grace, strength, and wisdom of our volunteers as they serve our clients in a myriad of ways and walk with them in so many difficult situations. **Grateful** for the extremely competent, grace-filled, joyful leadership of our staff and leadership team. **Humbled** by the strength and resilience of our clients as they face extremely challenging situations and find ways to keep on going. We are constantly *blown away, grateful, and humbled* by the generosity of our supporters who partner with us as we follow God's call to serve those in need. Most of all, we are *blown away, grateful, and humbled* by the love, grace, and generosity of our Father who continues to bless the Centre and provide for the work in more ways than we could mention.

This past year has been another busy year for the Centre as it has worked tirelessly to support our clients and community. This report communicates how many people the Centre has touched through its work and gives us a glimpse of the impact. However, it is just that, a glimpse. Behind every number, quote, or story is a real person, couple, or family finding healing for deep hurts, experiencing grace and love even when they believed they couldn't, discovering hope in dark places, and, ultimately, being shown the love of Jesus.

As a board, we remain **blown away** by how God uses the Centre to bless the lives of those around us, **grateful** for the incredible support of those who give their time, finances, and/or prayers to the work, and **humbled** to be able to play our small roles in this crucial work for our City and ultimately, God's Kingdom.

Thank you to everyone who has supported us this in the journey. May God bless you richly this year and into the future.

**Matt Van Dyk**  
Board Chair



2019-Present

## Prayer Support

As a Christian agency, we believe in the power of prayer as we work to share grace and love with each of our clients. Ultimately we hope to see each woman and man that comes through our doors reach their God-given potential. Your prayers are valuable!

## Financial Support

Because of generous donors, we can continue being a safe place for anyone experiencing an unexpected pregnancy. Will you join us? There are many ways for you to get involved financially. Whether you support the LPCC with a one-time donation, monthly support, gifts of shares, mutual funds or bonds, we have access to resources that can assist you. Your support is so important!

## Material Support

A practical way for you to get involved with the Centre is to help provide material supports to our clients. Items we always seem to need are formula, wipes, and diapers. We also accept donations of gently used items such as maternity and baby clothes. If you would like a complete list of our current needs and what we can and cannot accept, visit our website at: [www.lethbridgepregcentre.com/donors/donating-new-or-used-items](http://www.lethbridgepregcentre.com/donors/donating-new-or-used-items)

If you want more information on any of these opportunities, please contact us today!  
Email [office@lethbridgepregcentre.com](mailto:office@lethbridgepregcentre.com) or phone (403) 942-1819.



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