



2021

Annual Report



Mission Statement



The Lethbridge Pregnancy Care Centre is a local Christian agency offering compassionate support and education to anyone experiencing unexpected pregnancy and pregnancy related losses, as well as programs encouraging healthy relationships.

Mariah* sat staring at her phone, willing for him to call her back. It had been a week since she had talked to him. **“I think I might be pregnant”**, she said, but instead of the listening ear and support she hoped for, he hung up the phone. Mariah hadn’t heard a word back from him since that phone call. She felt truly alone.

What Mariah didn’t know yet was that she was not alone, and there was a team of people ready to walk TOGETHER to help her journey through this impossible feeling situation. Each person had a different role, but each one was invaluable in Mariah’s story.

Mariah’s first contact with the Lethbridge Pregnancy Care Centre was when she entered the front door. She had seen an ad for the centre on a bus shelter and decided to walk in. She was terrified. Once inside, a smiling face greeted her, and she discovered the listening ears of a volunteer client advocate. After taking a pregnancy test and receiving information on all three options, Mariah shared, **“I don’t want to have an abortion, but I have no idea how I am supposed to raise this child.”**

In 2021...

283 unique clients

25% increase in
new clients

1,001 client
appointments

33 volunteers

248 days open

3,109 hours
served



Ways we can help:

All services are free and confidential

Options Information

Factual information:

- Parenting
- Adoption
- Abortion

Practical Supports

Peer Advocacy:

- Clothing Room
- Pregnancy Tests
- Community Supports

Programs & Classes

Group and Individual Support:

- Healthy Relationships
- Reaching My Goals
- Post-Abortion
- Parenting
- Grief + Loss
- Post-Adoption



Mariah discovered that the LPCC had a fully stocked clothing room, diapers, wipes, and baby formula, all things she was convinced she wouldn't be able to provide for a child financially. Mariah breathed a sigh of relief when she realized that having this baby would be possible. She wouldn't have to choose an abortion.

It wasn't just one person that was able to give Mariah the support she needed to make her hopes of parenting a reality. The love and compassion of many people coming together made the difference. From the community members that donated material items, to the volunteers who sort, organize, and clean... every person plays a part.

Mariah's journey didn't end with a free pregnancy test and access to the LPCC's material support. Because of our generous prayer and financial partners, the Centre was able to surround Mariah during and after her pregnancy. Her client advocate connected her with community support, and when she gave birth to a healthy baby girl, Mariah was able to enrol in our Baby's First Year program.

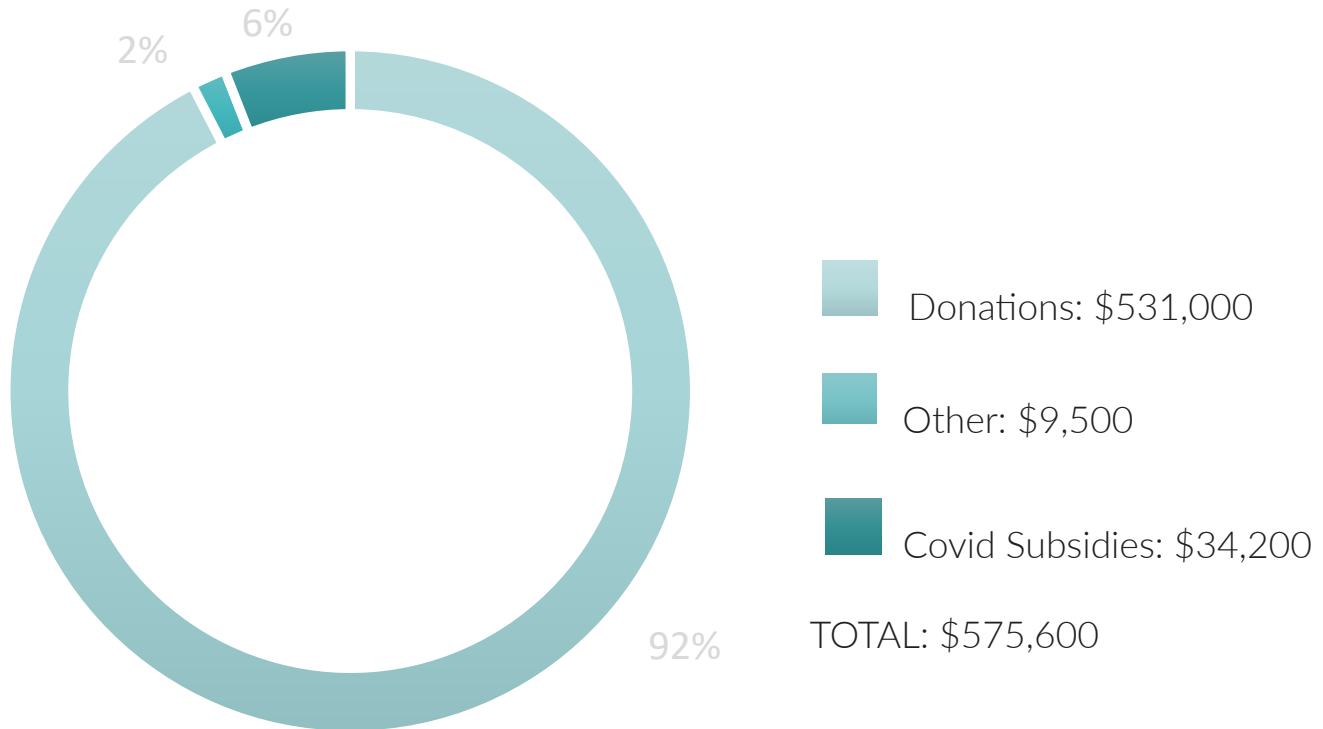
A year after first entering the Centre, lonely and scared, Mariah has transformed into a confident and hopeful young mother.

Together, we were able to make this journey possible for Mariah.

**Client name and details changed for privacy*

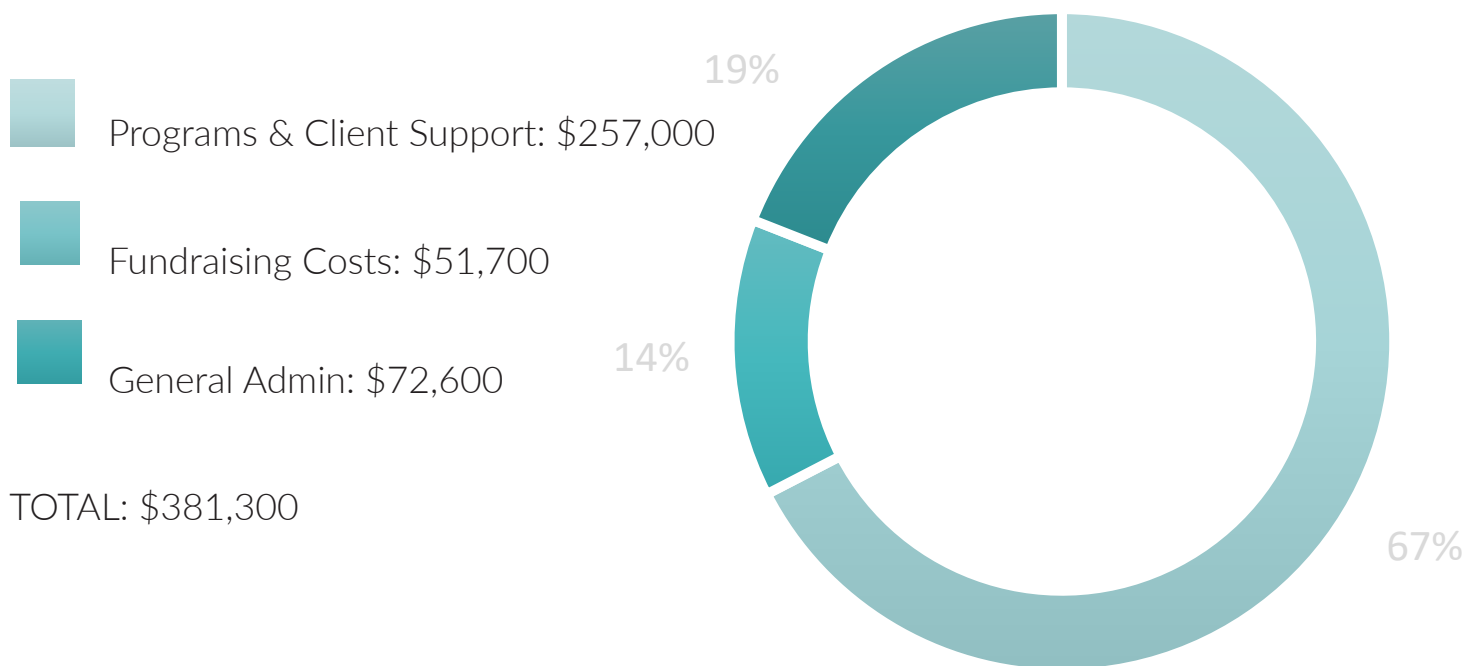
"From the second I phoned to book my initial appointment I knew I made the right call...(the receptionist) brought so much calm and peace to me after I had phoned so many other places and been turned away. I am so appreciative of that call." -LPCC Client

2021 Income



2021 Expenses

Overall expenses curtailed due to Covid. *



*\$193,742.00 For future sustainability and program development



"I'm a first time mom and when I found out I was pregnant I was worried I wouldn't have any help on what to do next. The Pregnancy Care Centre took all the initial fears away and I will be eternally grateful." -LPCC Client



Terry Friesen
2014-2021



Marjorie Miller
2014-2021



Meagan Slingerland
2017-Present



Ed Stromsmoe
2017-Present



Reuben Winkelaar
2018-Present

Letter from the Board

July 2022

To our wonderful supporters,

Let me start this off with a big THANK YOU to all of you for your incredible support, whether that's been in the giving of your time or finances, your prayers, your positive reports to others, or perhaps all three. We know to Whom we ultimately owe all we have and all that has been accomplished through the LPCC, but your faithful answer to His call to serve and give is what allows us to continue this important work. And while we on the board have always been extremely grateful for God's faithfulness and the generosity of our supporters, we feel that gratitude with an extra oomph these days after all that has been going on. We know that for many of you the sacrifice to give of yourself and your finances is felt a little more right now, and we are so grateful you choose to continue to support the work of the Centre. Every client we serve – every story we get to add some hope to – is a reminder of how crucial this work is. And this past year has only reinforced how great the need is as we've seen a steady increase in those accessing our services. Everyone at the Centre is humbled and grateful for the role we get to play in spreading hope, peace, and love to many of those who need it most.

The board is also extremely grateful for the wonderful staff and volunteers we have. A little more than a year into her tenure, we have been so impressed by Danielle and her service and leadership. She has led our staff and volunteers so well and we are excited to have her at the helm and see how God uses her to take us forward.

Jaci has also been with us for a little more than a year and we have seen our volunteers thrive under her guidance and leadership. She has managed to maintain and even grow the wonderful culture among our volunteers that she inherited, and that is no small task! And Bailey has also come aboard and brought her wonderful spirit and excellent service to the team as well. Added to existing “vets” Wanda and Joanna, we have a fantastic and capable team that has our confidence and that we so appreciate. And of course we could not do what we do without the service and sacrifice of our army of volunteers who give of their time and of themselves so well to serve those in need.

Apparently this rollercoaster ride is not quite done, and the number of those in desperate situations is only increasing the longer we are on it, but we know our Father is and will be faithful through it all no matter what comes

our way. We are glad to be a part of an organization that helps share His faithfulness to those in dark and difficult times, and we are glad to have the strong support of so many in our community.

So once again, thank you, and God bless.

Matt Van Dyk
Board Chair



2019-Present



Cindy Brandsma
2019-2021



Cynthia Holtrop
2020-Present



Joni Sawatsky
2021-Present



Chris Schalk
2022-Present



Christy Jansma
2022-Present



From the Executive Director

July 2022

"It is strange but true, that the most important turning points of life often come at the most unexpected times and in the most unexpected ways."

Napoleon Hill

January 2021 was the beginning of my own unexpected journey. Much like Mariah* I walked through the doors of the Lethbridge Pregnancy Care Centre, slightly terrified. I, however, was not entering the doors as a client but as the new Executive Director. The title alone felt overwhelming, yet the roles and responsibilities excited me. The opportunity to invest in the lives of women, men, and families in this new way was an honour and a privilege.

The year that followed was a great adventure in which I learned to trust in the Lord again and again. It was a year that demonstrated His great faithfulness and provision. Regardless of the pandemic, politics, murder hornets, and everything else going on in the world around us, the LPCC continued strong. I want to take this space to say 'Thank You' to you, our supporters.

Without you, Mariah* may have never discovered the strength within herself to fulfil her desire to parent her child. Each client we support has their own unique story with its own unexpected turns in the road. But the one thing ALL our clients know is that they are not alone. When they walk through our door, they discover hope and compassionate support.

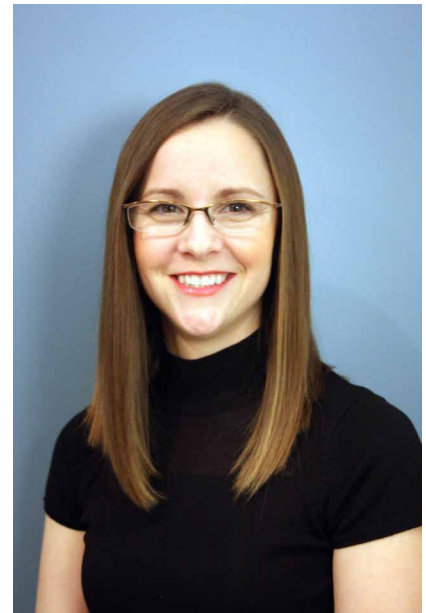
It has been over a year now since I first walked through the doors of the LPCC. During that time, God has stretched and grown me in many ways. I will never forget the day a client walked through the door, 10 weeks pregnant with a 4 month old in her arms. "I need to know all my options...I want to provide a better life for my child...I don't even have a high school diploma...what am I supposed to do?" Or the phone call from the 13 year old girl, alone and afraid. "No one knows; I can't tell my mom. Please help me."

If you ask any of our client advocates, they would surely have countless stories to share with you in which they saw the hand of God at work. I am so grateful for our incredible team of volunteers, staff, board members, and supporters.

Together we can make a difference!



Danielle Koop
Executive Director



If you feel led to join us in making a difference here in Southern Alberta, we would love to connect with you. Our current needs change regularly, but there is almost always a way to get involved, From becoming a monthly donor, to volunteering, to lifting the Centre up in prayer.

If you want more information on any of these opportunities, please contact us today! Email office@lethbridgepregcentre.com or phone (403) 942-1819.

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