

Lethbridge Pregnancy Care Centre

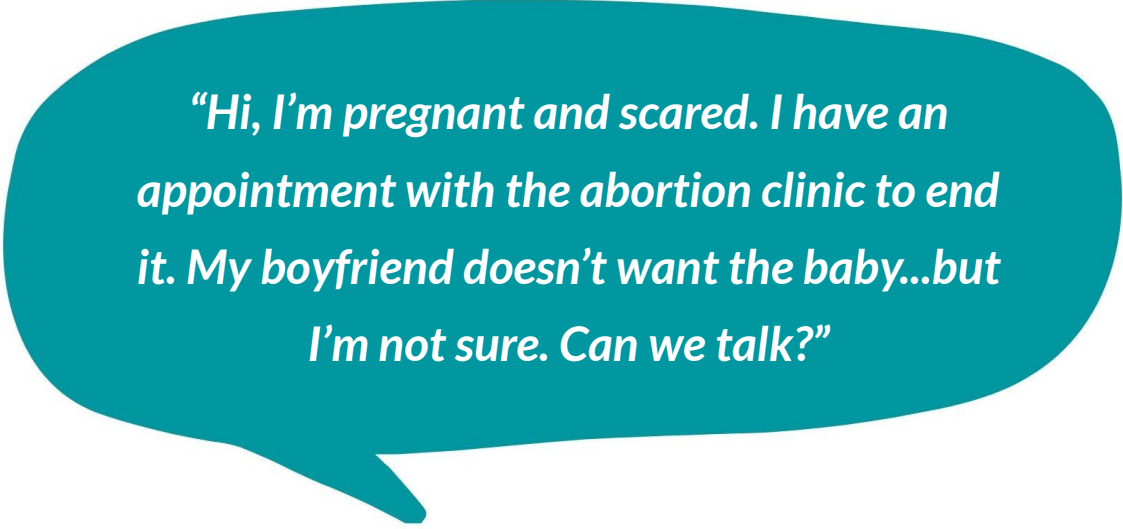
Annual Report 2020



Your Impact

“We can’t have a baby. I’m not ready to be a dad.”

As Eliza* hung up with the abortion clinic, that earlier conversation with her boyfriend rang in her ears. She sat for a minute before picking up her phone and doing a quick google search. She landed on the Lethbridge Pregnancy Care Centre’s website and sent an email.



“Hi, I’m pregnant and scared. I have an appointment with the abortion clinic to end it. My boyfriend doesn’t want the baby...but I’m not sure. Can we talk?”

That same week Eliza had her first session with an LPCC client advocate over Zoom. She talked and expressed how scared and conflicted she felt. Her client advocate was able to listen and help Eliza process the shock of the pregnancy. She encouraged Eliza to slow down and take some time to think about what SHE wanted the outcome of this situation to be. She told her not to let anyone else pressure her into a decision she didn’t want.

Despite her partner’s wishes, Eliza decided that she would continue her pregnancy and raise her child as a single parent if needed. Empowered with the love of her supportive family and resources from the LPCC, Eliza gave birth to a healthy baby girl nine months later. The Centre continues to support both mom and baby as they grow.

****Name and identifying details changed to protect client privacy.***

Mission Statement

The Lethbridge Pregnancy Care Centre is a local Christian agency offering compassionate support and education for women and men facing unplanned pregnancy, counsel for pregnancy related losses and programs encouraging healthy sexual choices.



Supporting clients through...

Information & Client Care Support

We provide thorough and accurate information about pregnancy, parenting, adoption, and abortion at the request of the client. Volunteers are trained as client advocates to walk alongside clients facing an unintended pregnancy and present appropriate information. Client advocates journey with clients and offer support as they make their decision. They also continue caring for clients by helping them access physical supports and walking with them as they work through their emotions.

Practical Support

The clothing room (containing both baby and maternity clothes) is available to clients on a monthly basis. One-time emergency packages (which can include diapers, formula, bus passes, and grocery cards) are given to clients in extreme need. The LPCC also provides new mothers with layettes full of new baby items. Outside community resources are referred when applicable.

Free Pregnancy Tests

Any client who suspects she may be pregnant is welcome to come for a free, self-administered pregnancy test. LPCC is not a medical facility and every client is encouraged to follow up with their doctor.

Adoption Referrals & Support

Open or closed adoption information is provided based on the specific desires of the client. If a client chooses to make an adoption plan for their child, their LPCC client advocate will walk alongside them as they make that journey.

Post Abortion & Grief Care

We offer both individual care and support groups for clients who have made an abortion decision. Our client advocates are specifically trained to navigate this often difficult choice while showing unconditional love and support for the client.



“ I hit a rough patch but now I’m doing okay. It’s hard when all supports basically stopped because of covid. I’m glad you still reach out to see how I am. I really appreciate it.”

LPCC Client Quote

2020 Board Members



Cindy Brandsma



Cynthia Holtrop



Ed Stromsmoe



Terry Friesen



Meagan Slingerland



Reuben Winkelaar



Matthew Van Dyk



Marjorie Miller



"The year 2020 certainly has been a strange and challenging year for everyone, and the same has been true for the Lethbridge Pregnancy Care Centre. I have been continually impressed with the capability and willingness of our entire team - board, staff, and volunteers - to go above and beyond to ensure the Centre remained open and operating to serve our clients and community. Every person involved has stepped up somehow, and we at the board could not be more appreciative of their hard work and passion.

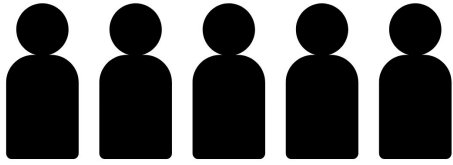
We have also been completely amazed and humbled at the generosity of our donors who continued their strong support of the Centre in a tough year and ensured that our financials stayed strong. Every donor, through their giving, has supported the work of serving our city's most vulnerable, and we could not do it without each of you.

In 2020 we completed major renovations to the Centre to better serve our clients and also said farewell to the only Executive Director the Centre has known. We remain extremely grateful for the excellent foundation Monica Loewen laid for the Centre. We also welcomed Danielle Koop as our new ED, and she has fit in seamlessly with the team. Her compassion, character, and high level of competence have already shone through in her short time at the Centre. We at the board are very excited to see where Danielle and the team will take the ministry moving forward with God's provision.

And above all, we remain humbled and in awe of the graciousness and provision of our Heavenly Father in guiding and upholding the Centre. To Him be the glory in all things. Thanks again to everyone who has supported us in any way. We look forward to what God has planned for us in the year 2021!"

Matthew Van Dyk
LPCC Board Chairman

A closer look...



819 total client appointments



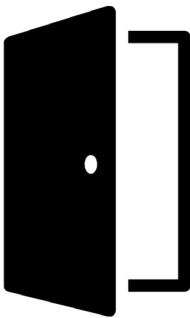
Assisted over **15** new clients virtually during covid restrictions



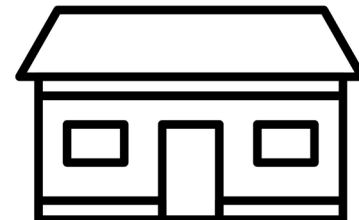
83 babies were born



Volunteers spent **2,436.5** hours working

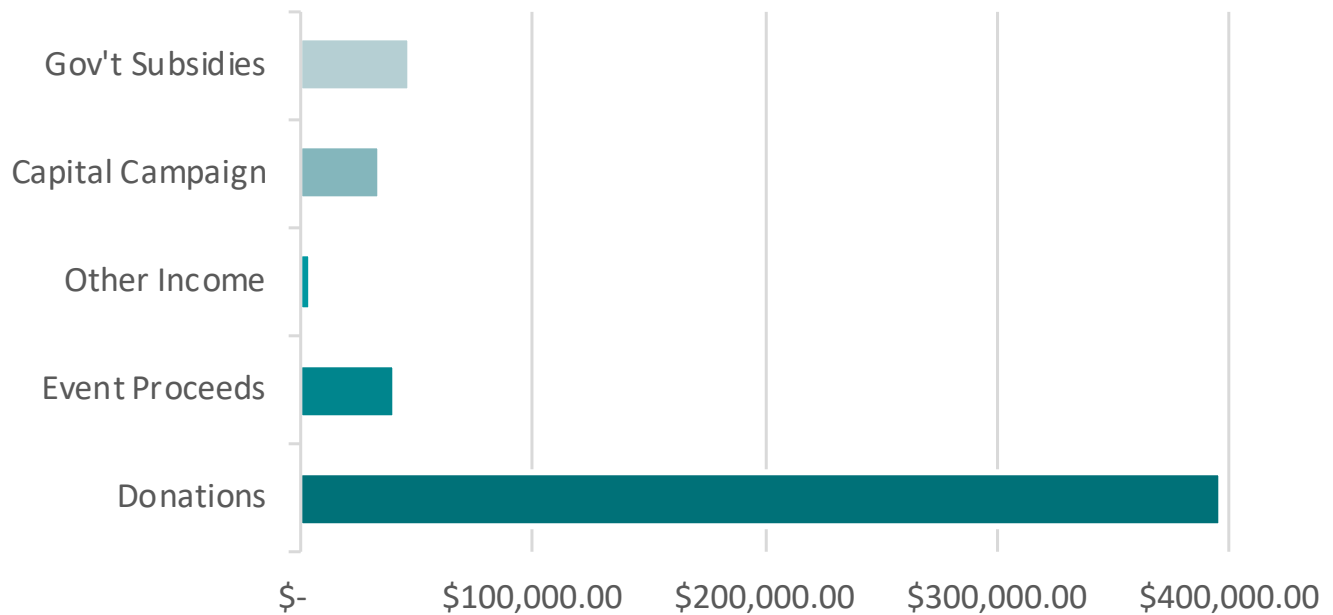


The Centre's doors were open **195** days

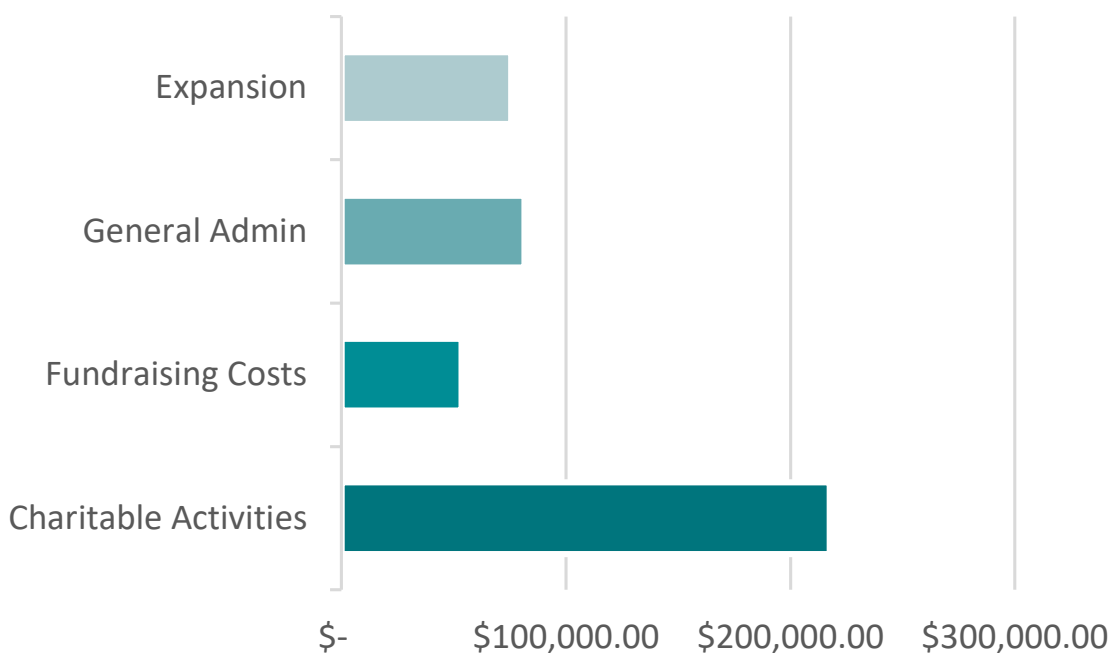


900 Sq Ft added to the Centre through renovations

2020 INCOME



2020 EXPENSES



Join Us

Prayer Support

As a Christian agency, we believe in the power of prayer as we work to share grace and love with each of our clients. Ultimately we hope to see each woman and man that comes through our doors reach their God-given potential. Your prayers are valuable!

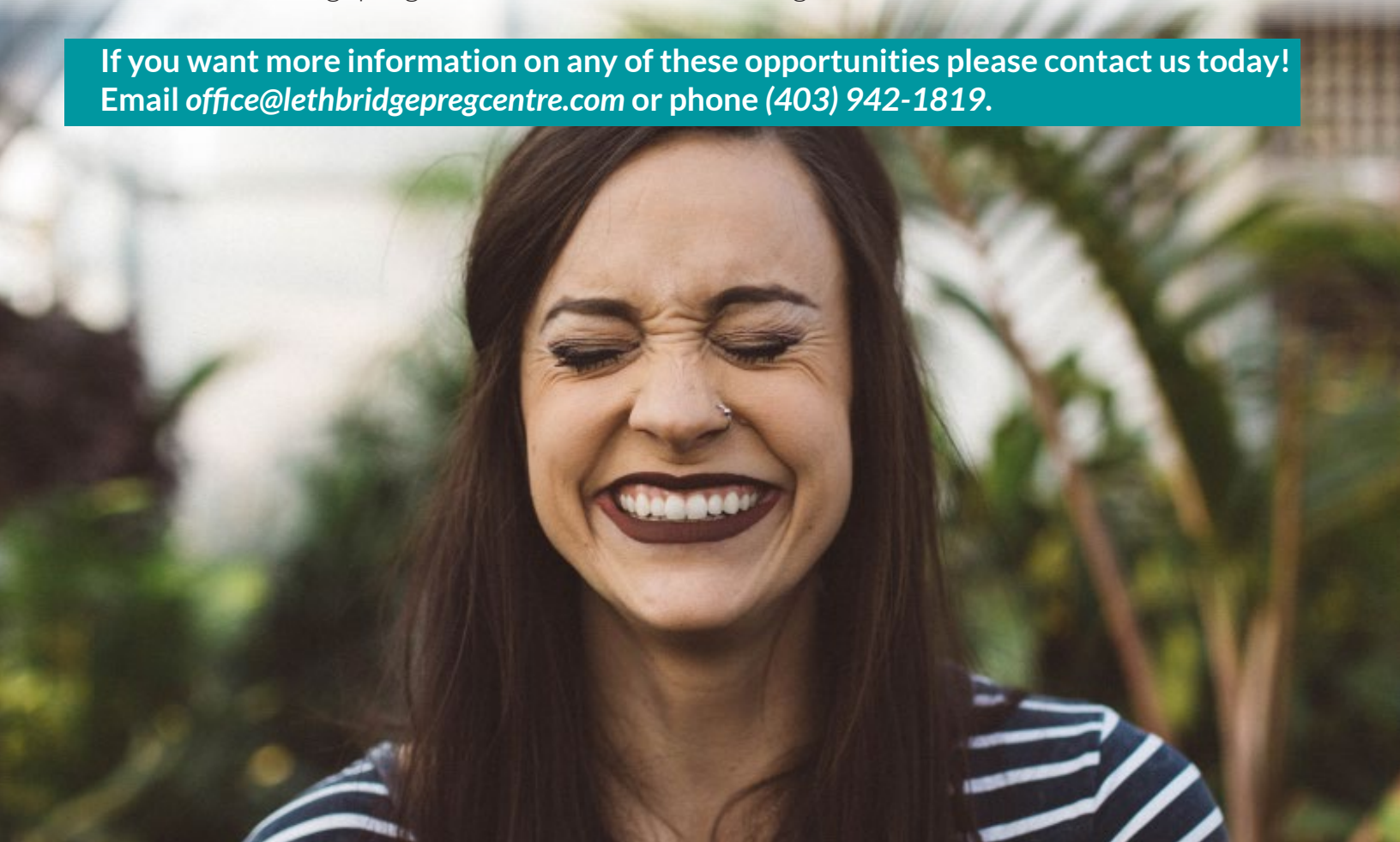
Financial Support

Because of generous donors, we can continue being a safe place for women and men experiencing an unintended pregnancy. Will you join us? There are many ways for you to get involved financially. Whether you support the LPCC with a one-time donation, monthly support, gifts of shares, mutual funds or bonds, we have access to resources that can assist you. Your support is so important!

Material Support

A practical way for you to get involved with the Centre is to help provide material supports to our clients. Some items we always seem to need are diapers, wipes, and formula. We also accept donations of gently used items such as maternity and baby clothes. If you would like a complete list of our current needs and what we can and cannot accept, visit our website at: www.lethbridgepregcentre.com/donors/donating-new-or-used-items

**If you want more information on any of these opportunities please contact us today!
Email office@lethbridgepregcentre.com or phone (403) 942-1819.**



From The Director



2020 was a year where life changed radically.

You learned a great deal of adaptability and creativity, patience, and grace. You had to reprioritize how you spend your time and finances. Yet through it all, YOU brought HOPE to your community.

Because of your ongoing support, The Lethbridge Pregnancy Care Centre could continue offering compassionate support, education and encouragement to the women and men of Southern Alberta. The Centre had to adapt just like you did. At times, client meetings were held online or over the phone and resources were packaged up for client pickup. But one thing did not change, and that was the quality care given to every client.

2020 saw high rates of loneliness and anxiety. Our neighbours faced unemployment, isolation and uncertainty. Common phrases we heard from our clients in their first few appointments were:

I AM ALONE

I CAN'T DO THIS

I AM SCARED

Thanks to the support of people like you, these same clients are now saying things like:

I HAVE SUPPORT

I BELIEVE I CAN

I HAVE HOPE

You provided hope and support for the hopeless and lonely. You provided care for over 148 women and men. You provided 175 packages of wipes, 6,154 items of clothing, and so much more for some of our community's most vulnerable.

YOU ARE MAKING A DIFFERENCE!

You have shown your community that we indeed are *"In This Together"*.

God Bless,

A handwritten signature in black ink that reads "Danielle Koop".

Danielle Koop
Executive Director

118 8th Street South

Lethbridge, Alberta

T1J 2J3

(403) 942-1819

www.lethbridgepregcentre.com

