



2019 Annual Report



From the Director

"Every single person has a story that will break your heart. And, if you're really paying attention, most people have a story that will bring you to your knees."

- Brene Brown



Every client that walks in the front door of the Lethbridge Pregnancy Care Centre has her or his own story. For some, that story is one of hardship and difficulty evidenced by the lines on her face. For others, the anticipated story is being rewritten by a positive pregnancy test. For still others, theirs is a secret story, filled with shame and regret over past decisions. You have had an impact on each of these stories - thank you.

You have enabled the staff and volunteers of the Centre to build relationships with these women and men who badly needed someone to walk alongside them. You have been a part of every number and statistic that you find in these pages. So please read this report as a valuable partner and as someone intimately involved in serving women and men in our community, because that is exactly who you are.

As we look back over the past year, we celebrate all of the lives that have been impacted. Looking forward, we anticipate the stories of women and men that will be changed and re-written because of they have been impacted by their relationship with the LPCC.

Consider what will your role be. For some, it will be working on the front lines as a volunteer. For others, it will be financial support. For yet others, it will be praying for the Centre and its clients.

Volunteer. Give. Pray. To what are you being called?

A handwritten signature in black ink, reading "Monica Loewen". The signature is fluid and cursive.

Monica Loewen, Executive Director

Our Mission

The Lethbridge Pregnancy Care Centre is a local Christian agency offering compassionate support and education for women and men facing unexpected pregnancy, counsel for pregnancy related losses, and programs encouraging healthy sexual choices.

"When my girlfriend told me that she was pregnant, I didn't know what to think. Things were already uncertain between us. And now a baby? I wasn't ready to be a dad.

I had so many questions - what would child support look like? Visitation? How would this impact my current financial assistance program? So many unknowns.

My client advocate at the Centre didn't know all of the answers, but she found people and organizations who could help with them. She helped me plan a budget and think about how I could afford a baby on my current income. She talked with both my girlfriend and me, answering our questions and being encouraging.

I'm still scared, but I'm getting used to the idea of being a dad. I think it's going to be ok."

Justin"





From the Board Chair

Working with the staff and board of the Lethbridge Pregnancy Care Centre this past year has been very rewarding. God has blessed us with fantastic staff and volunteers. We have also been blessed with many, many great supporters of our ministry, both in encouragement and finances.

I want to thank all of you personally for being a big part of this great ministry to our community. Many of us never get to meet the people we impact through the Centre. I like to think of it as throwing a pebble in a pond with the ripples from that one small pebble reach out from there. I hope to be that one small pebble and let God use me to His honour and glory.

We are heading into an exciting time for the Centre as we have managed to secure more space in the current building. We had hoped to buy a new building by now but God knows best and things didn't work out as we had planned. The board is working hard to be good stewards with the money that so many of you have sacrificially entrusted to us. As such we will lease the additional space which will serve us very well for some time. In God's time we will secure our own building as we keep looking for the right opportunity and location.



Through your support...

1,054

client
visits

250

new
clients

6

male
clients



...you are a part of their stories.

92

babies
born

166

options
sessions

32

volunteers
serving



Impacting our Clients' Stories

Information & Client Care Support

Clients receive thorough and accurate information about pregnancy, parenting, adoption, and abortion at their request. Volunteers trained as client advocates walk alongside women and men facing unexpected pregnancies, providing appropriate information and support through the decision-making process.

Free Pregnancy Tests

Any woman who suspects she may be pregnant is welcome to receive a free, self-administered pregnancy test. The LPCC is not a medical facility and every client is encouraged to follow up with their doctor.

Practical Support

As part of our commitment to provide ongoing support, clients are able to receive baby and maternity clothes monthly. One-time emergency packages (which may include diapers, formula, bus passes and grocery cards) are given to clients in extreme need.

Adoption Referrals & Support

Open or closed adoption information is provided based on the specific desires of the client. Volunteer client advocates walk alongside clients who choose to make an adoption plan for their child both before and after the adoption is finalized.

Post-Abortion & Grief Care

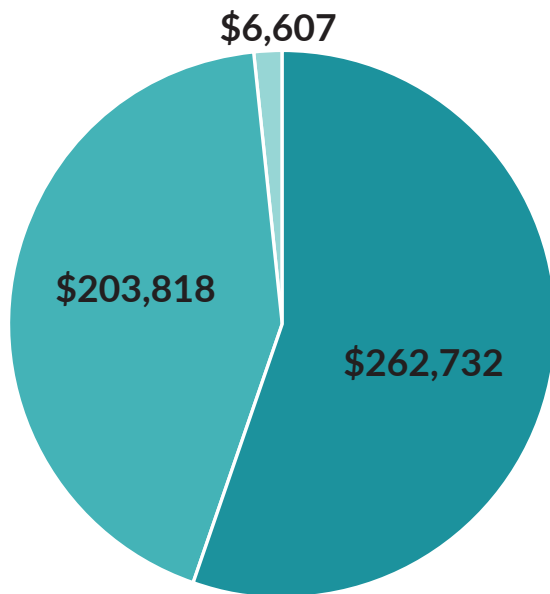
Women and men who have an abortion experience in their past are provided with a safe place to work through emotions, including grief and regret. Client advocates are specifically trained to navigate this often difficult journey, showing unconditional love and support for the client.

"Thank you so much for checking up on me all the time. Sometimes I get in my head and feel really alone, but you always have the best timing. I really appreciate and need your messages and always look forward to coming in to chat."

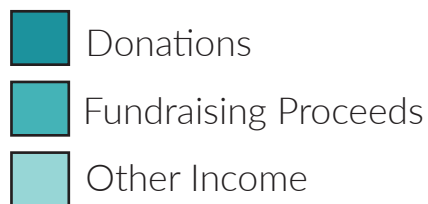
"Eden"

Finances

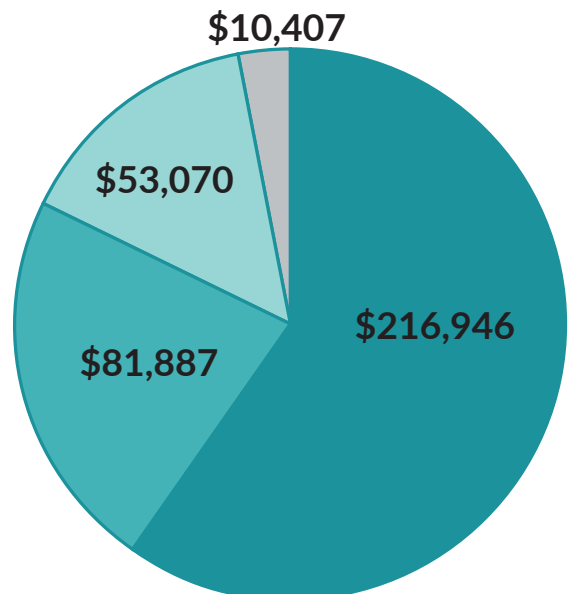
as at December 31, 2019



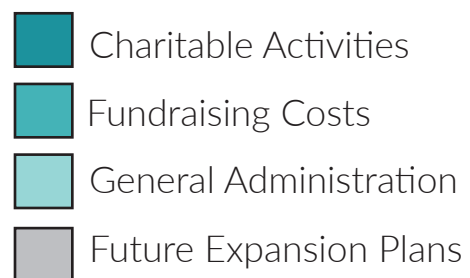
INCOME



Funds for Future Ministry \$110,847



EXPENSES



"I can honestly say I would not have experienced this pregnancy in the positive way I did if it weren't for you. I may not even have wanted to go through with it. You encouraged me and showed me compassion and respect at a time where I felt low and undeserving. Truly I am so blessed by you. Thank you again, from the absolute bottom of my heart."

"Larissa"





Staff

Monica Loewen
Executive Director

Kathy Oord
Client Services Director

Joanna Rist
Communications Director

Wanda Konynenbelt
Executive Assistant

2019 Board of Directors

Terry Friesen, *Board Chair*
Reuben Winkelaar, *Vice-Chair*
Ed Stromsmoe, *Treasurer*

Meagan Slingerland, *Secretary*
Cindy Brandsma
Marjorie Miller
Matthew Van Dyk



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