

Lethbridge Pregnancy Care Center *Annual Report 2018*





Impact

Meet Diana

Diana* first came to the Lethbridge Pregnancy Care Centre in December 2017 when a positive pregnancy test changed her world forever. She had been living with addictions and was just starting to get her feet under her after a really hard year. She was still struggling. Once she found out she was expecting she knew she had to change her life. She wanted better for her baby.

She worked very hard to stay clean during her pregnancy and to make healthy changes. She continued to come to the Centre to talk with her client advocate, share her struggles, and receive maternity clothes. During the chaos of those nine months the Centre became a stable source of support for Diana. In the spring of 2018, she gave birth to a healthy baby and became a mom.

Diana took on this new role as mom and learned as much as she could. She attended our Baby's First Year classes with enthusiasm. She was often the one encouraging the other moms in the class as they shared the joys and challenges of new motherhood.

"I'm very proud of Diana and what she has overcome. She is an amazing mom!"

-LPCC Client Advocate

Even though parenting at times was hard and addictions tried to come back into her life she never gave up. Whenever she came into the Centre, she was honest and shared her struggles openly with her client advocate. Amidst those struggles she never stopped fighting. She knew she was capable of providing the life her baby deserved.

Diana has been through a lot. She knows that her baby has pushed her to stay clean. A year later Diana continues to come to the Centre for clothes for her growing child and to talk to her client advocate.

This story is not unique. Every day our doors are open to strong women and men who are doing the hard work of trying to improve their lives. Whatever the circumstance surrounding their visit may be, the Lethbridge Pregnancy Care Centre is here to support and encourage them as they make their journey towards healing.

**Name and details have been changed to protect the identity of the client*

Mission

Offering compassionate support and education for women and men facing unplanned pregnancy, counsel for pregnancy related losses, and programs encouraging healthy sexual choices.



LPCC booth at the Lethbridge College

Core Values



Christ-Centered



Excellence



Respect



Integrity



Stewardship & Accountability

Services

Information & Client Care Support

We provide thorough and accurate information about pregnancy, parenting, adoption, and abortion at the request of the client. Volunteers are trained as client advocates to walk alongside clients facing an unintended pregnancy and present appropriate information. Client advocates journey with clients and offer support as they make their decision. They also continue caring for clients by helping them access physical supports and walking with them as they work through their emotions.

Practical Support

The clothing room (containing both baby and maternity clothes) is available to clients on a monthly basis. One-time emergency packages (which can include diapers, formula, bus passes, and grocery cards) are given to clients in extreme need. The LPCC also provides new mothers with layettes full of new baby items. Outside community resources are referred when applicable.

Free Pregnancy Tests

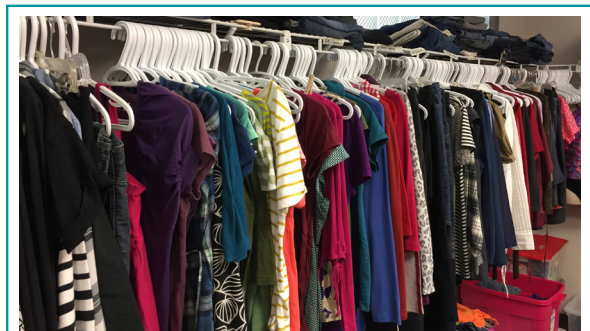
Any client who suspects she may be pregnant is welcome to come for a free, self-administered pregnancy test. LPCC is not a medical facility and every client is encouraged to follow up with their doctor.

Adoption Referrals & Support

Open or closed adoption information is provided based on the specific desires of the client. If a client chooses to make an adoption plan for their child, their LPCC client advocate will walk alongside them as they make that journey.

Post Abortion & Grief Care

We offer both individual care and support groups for clients who have made an abortion decision. Our client advocates are specifically trained to navigate this often difficult choice while showing unconditional love and support for the client.



Stats In 2018



898
total client visits



244
new clients



3
male clients



80
babies born



246
days that the
Centre was open



38
volunteers



Special Events



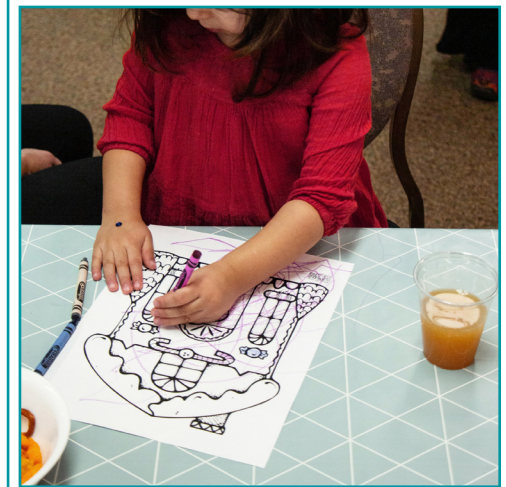
Sharing the Journey Gala
April 4, 2018



Fall Fundraiser
October 27, 2018



5th Anniversary Open House
November 3, 2018



Client Christmas Party
November 29, 2018

We had many amazing events during 2018. Space does not permit us to highlight them all. These are just a small sample of what made the year such a fun and successful time for the LPCC!

2018 Board of Directors

"Working on the LPCC board has opened my eyes to the healing and redemptive role our ministry plays in the Lethbridge community. Board work is often disparaged but it is a necessary and vital function for the direction, vision, and safeguarding of the ministry. We are blessed to have so many dedicated volunteers and staff, as well as a gifted Executive Director, all of whom work diligently to carry out the ministry of the LPCC."

-Marjorie Miller



Marjorie Miller, *Chairperson*

Terry Friesen, *Vice Chair*

Rick Friesen, *Treasurer*

Amber Oostlander, *Secretary*

Cindy Brandsma, *Director*

Meagan Slingerland, *Director*

Ed Stromsmoe, *Director*

Reuben Winkelaar, *Director*

Staff

Monica Loewen, *Executive Director*

Kathy Oord, *Client Services Director*

Katrina Neil, *Communications Director* *

Mary-Ann Tingey, *Executive Assistant* +

*Left August, 2018

+Left November 2018



Volunteers

In 2018 we had 38 volunteers at the Centre. These volunteers spent time meeting with clients, organizing the clothing room, doing admin work and much, much more. Our volunteers always show up with a smile on their faces and are ready to serve the women and men that walk through our door.

I volunteer because I have seen, and continue to see, the need for a place where women and men facing unintended pregnancies can get confidential, honest, non-judgmental support. A place where our client's needs can be connected with other community resources.

Being part of LPCC from it's inception, I have the desire to see it continue to grow to meet the needs of our clients and our community,

-Pat, LPCC Volunteer

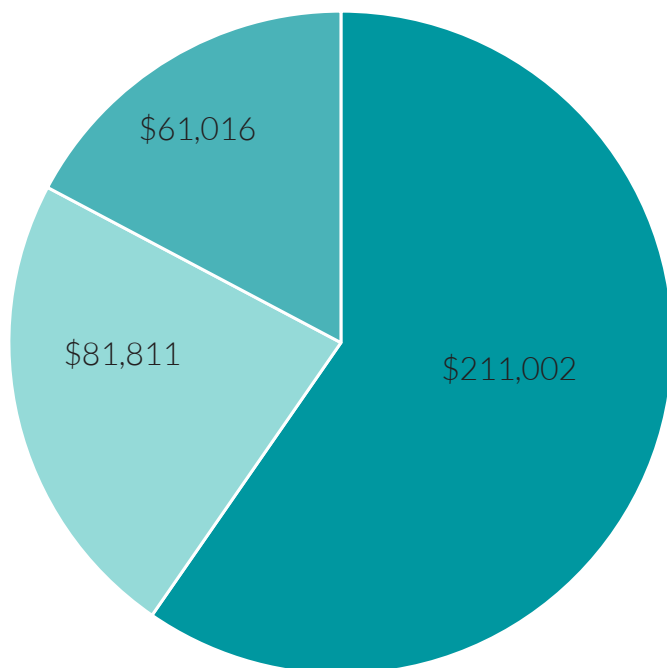
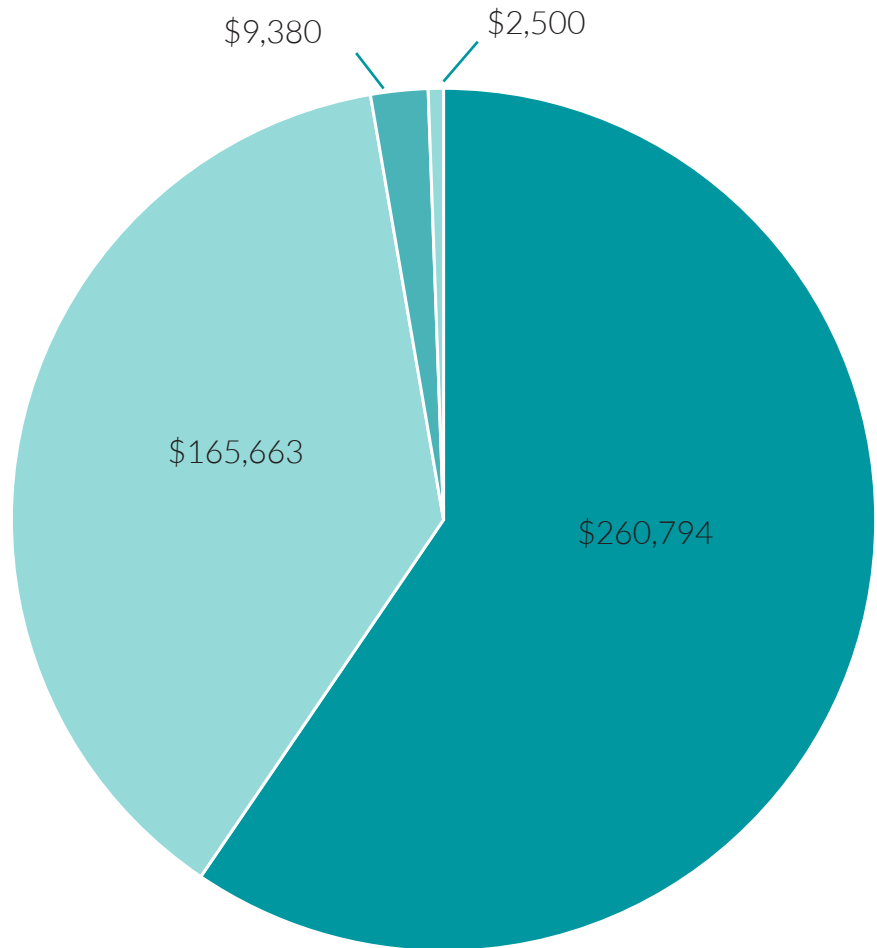


2018 Financials

Income

- Donations
- Fundraising Proceeds
- Other Income
- Grants

TOTAL \$438,337



Expenses

- Charitable Activities
 - Fundraising Costs
 - General Administration
- TOTAL \$353,829

Funds for Future Ministries \$84,508

From The Director

This report is filled with information, numbers, and statistics. Underneath all of those numbers are stories. Stories of women and men of our community—stories of the lives that you have changed through your support of the Lethbridge Pregnancy Care Centre.



They are the stories of women who are struggling to know what to do when faced with the two lines of a positive pregnancy test. They are the stories of single parents overwhelmed by the challenges of caring for a baby on their own. They are the stories of women haunted by the emptiness left after the loss of a baby.

But did you see yourself in these stories?

While you might not have been in the room as a woman made the decision to carry her pregnancy to term; you made it possible that someone was sitting beside her. You might not have been the one who gave a grateful dad some much-needed clothes and diapers for his young son, but your support made sure that someone did. Perhaps you weren't the one to share about the forgiveness and grace of God to a woman broken by abortion, but because of you, there was a trained volunteer available to share that message.

Each one of these situations are different and unique, yet they all have one thing in common. Because of you, none of these women and men had to walk this journey alone. Because of your support, everyone facing an unintended pregnancy had somewhere they could go and someone they could talk to.

You have enabled the staff and volunteers of the Centre to build relationships with these women and men who badly needed someone to walk alongside them. You have been a part of every number, every statistic, every story that you find in these pages. So please read this report as a valuable partner and as someone intimately involved in serving our clients—because that's exactly who you are.

As we look back over the past year, we celebrate all of the lives that have been impacted. Looking forward, we anticipate women and men coming into the Centre and finding a safe place to talk.

Consider what will your role be. For some, it will be working on the front lines as a volunteer. For others, it will be financial support. For yet others, it will be praying for the Centre and its clients.

Volunteer. Give. Pray. What are you being called to?



A handwritten signature in dark ink, appearing to read "Calorie Decker".

118 8th Street South
Lethbridge, Alberta
T1J 3Z8
(403) 942-1819
www.lethbridgepregcentre.com