

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Purple Text = Parent/Child Support, Learning, and Play Blue Text = Addictions Support Green Text = Support for Parents of Children with Disabilities Black Text = Cooking Classes, Parent Education, and Support for Parents of Multiples Teal Text = Special Events \$ = cost associated with event or activity R= registration required			Stepping Stones Registration open for February 7 - March 14 session Family Centre Downtown		First Friday Fun (\$) 1:30 pm - 3:00 pm Galt Museum & Archives First Friday at the U of L Music Conservatory 12:15 pm - 1:00 pm ATB Community Room, CASA Triple P Group (\$) Registration open for March 6 - 27 session Family Centre West	Lethbridge Handmade 2 Market - "Love" (\$) 9 am - 4 pm Lethbridge Exhibition Park Me & My Dad 9:30 am - 11:00 am Family Centre Downtown Saturdays at 1:00 - "Home Sweet Home" (\$) 1:00 pm - 2:00 pm Galt Museum & Archives
3	Explore With Me 8:30 am - 10:30 am Family Centre West Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Let it Begin With Me Al-Anon Family Group 7:30 pm Central Church of Christ	Mom & Tots Group 10 am - 12 pm VIA Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Newcomer Welcoming Event 4:30 pm - 7:30 pm Multi-Cultural Center	Kids in Action 9:30 am - 11:00 am Family Centre Downtown PJ's & Pillows 5:30 pm - 7:30 pm Family Centre West	Registration opens for March 7 - April 18 session Family Centre Downtown "Escape" Play Group 9:45 am - 12 pm EFree Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Me & My Family 4:30 pm - 6:30 pm Family Centre Downtown	Parent Talk 9:30 am - 11:00 am Family Centre Downtown	Me & My Dad 9:30 am - 11:00 am Family Centre Downtown Discover Together 9:30 am - 11:30 am Family Centre West Parenting After Separation 9:30 am - 4:30 pm Family Centre Downtown Saturdays at 1:00 - "Valentine Decorations" (\$) 1:00 pm - 2:00 pm Galt Museum & Archives
10	Explore With Me 8:30 am - 10:30 am Family Centre West Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Let it Begin With Me Al-Anon Family Group 7:30 pm Central Church of Christ	Mom & Tots Group 10 am - 12 pm VIA Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Big Chef Little Chef (R) 10:00 am - 11:30 am Interfaith Chinook Country Kitchen	Kids in Action 9:30 am - 11:00 am Family Centre Downtown PJ's & Pillows 5:30 pm - 7:30 pm Family Centre West	"Escape" Play Group 9:45 am - 12 pm EFree Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Me & My Family 4:30 pm - 6:30 pm Family Centre Downtown	Parent Talk 9:30 am - 11:00 am Family Centre Downtown	Me & My Dad 9:30 am - 11:00 am Family Centre Downtown Saturdays at 1:00 - "Button Bowls" (\$) 1:00 pm - 2:00 pm Galt Museum & Archives
17	Family Day Brunch 10 am - 1 pm Galt Museum & Archives U of L Play Day 11 am - 3 pm 1st Choice Savings Centre	PD Day Camp (R, \$) 19 9 am - 4:30 pm EFree Church Mom & Tots Group 10 am - 12 pm VIA Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Big Chef Little Chef (R) 10:00 am - 11:30 am Interfaith Chinook Country Kitchen	PD Day Camp (R, \$) 20 9 am - 4:30 pm EFree Church Vitality Cafe (\$) Registration opens for March 26 - May 14 session Family Centre West Kids in Action 9:30 am - 11:00 am Family Centre Downtown Celebrating Indigenous Moms 6 pm - 8 pm Family Centre Downtown PJ's & Pillows 5:30 pm - 7:30 pm Family Centre West	PD Day Camp (R, \$) 21 9 am - 4:30 pm EFree Church Come Build With Us 9:30 am - 11:00 am Family Centre Downtown Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Me & My Family 4:30 pm - 6:30 pm Family Centre Downtown Rock Climbing (\$) (R) 6:30 pm - 8:30 pm Helen Schuler Nature Centre	Parent Talk 9:30 am - 11:00 am Family Centre Downtown Come Build With Us 9:30 am - 11:00 am Family Centre West	Me & My Dad 9:30 am - 11:00 am Family Centre Downtown Saturdays at 1:00 - "Animal Silhouettes" (\$) 1:00 pm - 2:00 pm Galt Museum & Archives Taste of Columbia (\$) 6:30 pm - 11:30 pm Muti-Cultura Centre Tickets at saea.ca
24	Explore With Me 8:30 am - 10:30 am Family Centre West Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Let it Begin With Me Al-Anon Family Group 7:30 pm Central Church of Christ	Putting Children First in Separation & Divorce Registration opens for April 4 session Mom & Tots Group 10 am - 12 pm VIA Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Solo Dads Wanted 6 pm - 8 pm Family Centre Downtown	Kids in Action 9:30 am - 11:00 am Family Centre Downtown PJ's & Pillows 5:30 pm - 7:30 pm Family Centre West	Baby Gym Time Registration closes for March 7 - April 18 session Family Centre Downtown "Escape" Play Group 9:45 am - 12 pm EFree Church Adult Cooking Class (R) 1 pm - 3 pm Family Centre North Big Chef Little Chef (R) 1:30 pm - 3:00 pm Interfaith Chinook Country Kitchen Me & My Family 4:30 pm - 6:30 pm Family Centre Downtown		