

January Individual Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Legend</i></p> <p>Purple Text = Exercise Blue Text = Addictions Support Black Text = Learning Opportunities</p> <p>\$ = cost associated with event or activity R= registration required</p>		1	2	3	4	Gamblers Anonymous Meeting 5 7pm Chinook Society for Recovering Addicts
AA Meeting 6 8pm Bassano Health Centre	Zumba 7 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	Healthy Living on a Budget 8 9:30am-11:30am JobLinks Employment Centre Gamblers Anonymous Meeting 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	Food Addicts Anonymous Meeting 9 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 10 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	11	Gamblers Anonymous Meeting 12 7pm Chinook Society for Recovering Addicts
AA Meeting 13 8pm Bassano Health Centre	Zumba 14 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	Gamblers Anonymous Meeting 15 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	Food Addicts Anonymous Meeting 16 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 17 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	18	Gamblers Anonymous Meeting 19 7pm Chinook Society for Recovering Addicts
AA Meeting 20 8pm Bassano Health Centre	Zumba 21 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	Gamblers Anonymous Meeting 22 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	AISH Employment Information 23 1:30pm-3pm JobLinks Employment Centre Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 24 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	25	Gamblers Anonymous Meeting 26 7pm Chinook Society for Recovering Addicts
AA Meeting 27 8pm Bassano Health Centre	Zumba 28 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	29	Food Addicts Anonymous Meeting 30 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 31 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church		Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts