

January Family Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend</p> <p>Purple Text = Parent/Child Support, Learning, and Play</p> <p>Blue Text = Addictions Support</p> <p>Green Text = Support for Parents of Children with Disabilities</p> <p>Black Text = Cooking Classes, Parent Education, and Support for Parents of Multiples</p> <p>\$ = cost associated with event or activity</p> <p>R= registration required</p>						
		1	2	3	4	5
6	<p>Explore With Me 7 8:30am-10:30am Family Centre West</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones Group (R) 6pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Mom and Tots Group 8 10am-2pm VIA Church</p>	<p>Kids in Action 9 9:30am-11am Family Centre Downtown</p>	<p>Parents and Children Together (\$ & R) 10 9am-11am Family Centre Downtown</p> <p>SPLAT Sensory Play (\$ & R) 9am-11am Family Centre West</p> <p>Stepping Stones Group (R) 1pm-3pm Family Centre Downtown</p> <p>Baby Gym Time 1:30pm-3pm Family Centre Downtown</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p>	<p>Parent Talk 11 9am-11am Family Centre Downtown</p> <p>Growing Abilities 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 12 9:30am-11:30am Family Centre Downtown</p> <p>Discover Together 9:30am-11:30am Family Centre West</p>
13	<p>Explore With Me 14 8:30am-10:30am Family Centre West</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones Group (R) 6pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Baby Signing (\$ & R) 15 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-2pm VIA Church</p>	<p>Kids in Action 16 9:30am-11am Family Centre Downtown</p> <p>Celebrate Indigenous Moms 6pm-8pm Family Centre Downtown</p>	<p>Parents and Children Together (\$ & R) 17 9am-11am Family Centre Downtown</p> <p>SPLAT Sensory Play (\$ & R) 9am-11am Family Centre West</p> <p>Stepping Stones Group (R) 1pm-3pm Family Centre Downtown</p> <p>Baby Gym Time 1:30pm-3pm Family Centre Downtown</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p>	<p>Parent Talk 18 9am-11am Family Centre Downtown</p> <p>Growing Abilities 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 19 9:30am-11:30am Family Centre Downtown</p>
20	<p>Explore With Me 21 8:30am-10:30am Family Centre West</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones Group (R) 6pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Vitality Cafe (R & \$) 22 8:30am-10:30am Family Centre West</p> <p>Baby Signing (\$ & R) 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-2pm VIA Church</p> <p>Post-natal Group 1:15pm-2:30pm Family Centre Downtown</p> <p>Supporting Father Involvement (\$ & R) 5pm-8pm Family Centre Downtown</p>	<p>Kids in Action 23 9:30am-11am Family Centre Downtown</p> <p>Putting Children First in Separation and Divorce (R) 12pm-1pm Family Centre Downtown</p> <p>Dealing with Disobedience (R) 6pm-8pm Family Centre Downtown</p>	<p>Parents and Children Together (\$ & R) 24 9am-11am Family Centre Downtown</p> <p>SPLAT Sensory Play (\$ & R) 9am-11am Family Centre West</p> <p>Stepping Stones Group (R) 1pm-3pm Family Centre Downtown</p> <p>Baby Gym Time 1:30pm-3pm Family Centre Downtown</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p>	<p>Parent Talk 25 9am-11am Family Centre Downtown</p> <p>Growing Abilities 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 26 9:30am-11:30am Family Centre Downtown</p> <p>Focus on Communication in Separation (R) 9:30am-4:30pm Family Centre Downtown</p>
27	<p>Explore With Me 28 8:30am-10:30am Family Centre West</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones Group (R) 6pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Baby Signing (\$ & R) 29 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-2pm VIA Church</p> <p>Post-natal Group 1:15pm-2:30pm Family Centre Downtown</p> <p>Supporting Father Involvement (\$ & R) 5pm-8pm Family Centre Downtown</p> <p>Solo Dads Wanted (R) 6pm-8pm Family Centre Downtown</p>	<p>Kids in Action 30 9:30am-11am Family Centre Downtown</p>	<p>Parents and Children Together (\$ & R) 31 9am-11am Family Centre Downtown</p> <p>SPLAT Sensory Play (\$ & R) 9am-11am Family Centre West</p> <p>Stepping Stones Group (R) 1pm-3pm Family Centre Downtown</p> <p>Baby Gym Time 1:30pm-3pm Family Centre Downtown</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p>		