

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Purple Text = Excercise Blue Text = Addictions Support Black Text = Learning Opportunities \$ = cost associated with event or activity R= registration required				Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts Heal Your Life Work- book Study Group 7pm 245A 12A Street N NA New Beginners Group 7pm Chinook Meeting Hall Blackfoot Language Group (\$) 7pm-8pm Galt Museum AA Meeting 8pm Trinity Luthern Church	2	Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 4 8pm Bassano Health Centre	Zumba 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	Gamblers Anonymous Meeting 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall Matering Financial Literacy 7pm-8:30m Idea Building AA Meeting 8pm Trinity Luthern Church	Food Addicts 7 Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts Heal Your Life Work- book Study Group 7pm 245A 12A Street N NA New Beginners Group 7pm Chinook Meeting Hall Blackfoot Language Group (\$) 7pm-8pm Galt Museum AA Meeting 8pm Trinity Luthern Church Gamblers	9	Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 11 8pm Bassano Health Centre	12	Anonymous Meeting 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall Matering Financial Literacy 7pm-8:30m Idea Building AA Meeting 8pm Trinity Luthern Church	Food Addicts 14 Anonymous Meeting 7pm Lethbridge Regional Hospital	Anonymous Meeting 15 6pm Chinook Society for Recovering Addicts Heal Your Life Work- book Study Group 7pm 245A 12A Street N NA New Beginners Group 7pm Chinook Meeting Hall Blackfoot Language Group (\$) 7pm-8pm Galt Museum AA Meeting 8pm	16	Gamblers 17 Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 8pm Bassano Health Centre	Zumba 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	Gamblers Anonymous Meeting 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall Matering Financial Literacy 7pm-8:30m Idea Building AA Meeting 8pm Trinity Luthern Church	Food Addicts 21 Anonymous Meeting 7pm Lethbridge Regional Hospital	Trinity Luthern Church Gamblers Anonymous Meeting 22 6pm Chinook Society for Recovering Addicts Heal Your Life Work- book Study Group 7pm 245A 12A Street N NA New Beginners Group 7pm Chinook Meeting Hall Blackfoot Language Group (\$) 7pm-8pm Galt Museum AA Meeting 8pm Trinity Luthern Church	23	Gamblers 24 Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 8pm Bassano Health Centre	Zumba 5:30pm-6:30pm Southminster Church Food Addicts Anonymous Meeting 7pm Parkdale United Church	Gamblers Anonymous Meeting 7:30pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall Matering Financial Literacy 7pm-8:30m Idea Building AA Meeting 8pm Trinity Luthern Church	Food Addicts 28 Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 29 6pm Chinook Society for Recovering Addicts Heal Your Life Work- book Study Group 7pm 245A 12A Street N NA New Beginners Group 7pm Chinook Meeting Hall Blackfoot Language Group (\$) 7pm-8pm Galt Museum AA Meeting 8pm Trinity Luthern Church	30	