

September Family Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Legend</p> <p style="text-align: center;">Purple Text = Parent/Child Support, Learning, and Play</p> <p style="text-align: center;">Blue Text = Addictions Support</p> <p style="text-align: center;">Green Text = Support for Parents of Children With Disabilities</p> <p style="text-align: center;">Black Text = Cooking Classes, Parent Education, and Support for Parents of Multiples</p> <p style="text-align: center;">\$ = cost associated with event or activity</p> <p style="text-align: center;">R= registration required</p>						<p>Adult Cooking Classes (R)* 9:30am-11:30am OR 1pm-3pm Family Centre North</p> <p><i>*these classes happen Mon-Fri throughout the entire month</i></p>
2	<p>Let it Begin With Me 3 Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Vitality Cafe 4 8:30am-10am Family Centre West</p> <p>Mom and Tots Group 10am-12pm VIA Church</p>	<p>Kids in Action 5 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-12pm VIA Church</p> <p>Twins and Triplets Club 7pm College Drive Community Church</p>	<p>Just for Today Al-Anon 6 Family Group 1pm Lethbridge Centre</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p>	<p>Parent Talk 7 9:30am-11am Family Centre Downtown</p>	<p>Me & My Dad 8 9:30am-11:30am Family Centre Downtown</p>
9	<p>Explore With Me 10 8:30am-10:30am Family Centre Downtown</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Vitality Cafe 11 8:30am-10am Family Centre West</p> <p>Mom and Tots Group 10am-12pm VIA Church</p>	<p>Kids in Action 12 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-12pm VIA Church</p>	<p>Just for Today Al-Anon 13 Family Group 1pm Lethbridge Centre</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p>	<p>Parent Talk 14 9:30am-11am Family Centre Downtown</p>	<p>Me & My Dad 15 9:30am-11:30am Family Centre Downtown</p> <p>Discover Together 9:30am-11:30am Family Centre West</p>
16	<p>Explore With Me 17 8:30am-10:30am Family Centre Downtown</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Vitality Cafe 18 8:30am-10am Family Centre West</p> <p>Mom and Tots Group 10am-12pm VIA Church</p>	<p>Kids in Action 19 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-12pm VIA Church</p> <p>Supporting Father Involvement First Nations (R) 5pm-8pm Opokaa'sin</p> <p>Celebrating Indigenous Moms 6pm-8pm Family Centre Downtown</p>	<p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Just for Today Al-Anon Family Group 1pm Lethbridge Centre</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p> <p>Supporting Father Involvement First Nations (R) 5pm-8pm Standoff</p>	<p>Parent Talk 21 9:30am-11am Family Centre Downtown</p>	<p>Me & My Dad 22 9:30am-11:30am Family Centre Downtown</p> <p>Focus on Communication in Separation (R) 9:30am-4:30am Family Centre Downtown</p>
23	<p>Explore With Me 24 8:30am-10:30am Family Centre Downtown</p> <p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Post Natal Group (R) 1:15pm-2:30pm Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Vitality Cafe 25 8:30am-10am Family Centre West</p> <p>Mom and Tots Group 10am-12pm VIA Church</p> <p>Supporting Father Involvement (\$ & R) 5pm-8pm Family Centre Downtown</p> <p>Solo Dads Wanted 6pm-8pm Family Centre Downtown</p>	<p>Kids in Action 26 9:30am-11am Family Centre Downtown</p> <p>Mom and Tots Group 10am-12pm VIA Church</p> <p>Supporting Father Involvement First Nations (R) 5pm-8pm Opokaa'sin</p>	<p>Parents and Children Together (PACT) (\$ & R) 9am-11am Family Centre Downtown</p> <p>Just for Today Al-Anon Family Group 1pm, Lethbridge Centre</p> <p>Me & My Family 4:30pm-6:30pm Family Centre Downtown</p> <p>Supporting Father Involvement First Nations (R) 5pm-8pm, Standoff</p> <p>Putting Children First in Separation and Divorce 6:30pm-7:30pm Family Centre Downtown</p>	<p>Parent Talk 28 9:30am-11am Family Centre Downtown</p> <p>Growing Abilities (R) 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 29 9:30am-11:30am Family Centre Downtown</p>
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