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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Blue Text = Addictions Support  Black Text = Cooking Classes, Financial Educational Supports, and Legal Advice  \$ = cost associated with event or activity  R= registration required			NA New Balance Group 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts  NA New Beginners Group 7pm Chinook Meeting Hall  AA Meeting 8pm Trinity Lutheran Church	3	Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 7pm Parkdale United Church	NA New Beginners 7 Group 7pm Chinook Meeting Hall Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts Grief Support 7pm-9pm, City Light Church AA Meeting 8pm, Trinity Lutheran Church	NA New Balance Group 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts  NA New Beginners Group 7pm Chinook Meeting Hall  AA Meeting 8pm Trinity Lutheran Church	10	Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 7pm Parkdale United Church	NA New Beginners Group 7pm Chinook Meeting Hall Grief Support 7pm-9pm City Light Church AA Meeting 8pm Trinity Lutheran Church Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts	NA New Balance Group 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts  NA New Beginners Group 7pm Chinook Meeting Hall  AA Meeting 8pm Trinity Lutheran Church	17	Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 7pm Parkdale United Church	NA New Beginners 21 Group 7pm, Chinook Meeting Hall Grief Support 7pm-9pm City Light Church AA Meeting 8pm, Trinity Lutheran Church Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts	NA New Balance Group 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts  NA New Beginners Group 7pm Chinook Meeting Hall  AA Meeting 8pm Trinity Lutheran Church	24	Gamblers 25 Anonymous Meeting 7pm Chinook Society for Recovering Addicts
AA Meeting 8pm Bassano Health Centre	What's Cooking in the Kitchen?! (R)* 9:30am & 1pm Interfaith Food Bank  Food Addicts Anonymous Meeting 7pm Parkdale United Church	What's Cooking in the Kitchen?! (R)* 9:30am & 1pm Interfaith Food Bank NA New Beginners Group 7pm Chinook Meeting Hall Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts AA Meeting 8pm Trinity Lutheran Church Grief Support 7pm-9pm City Light Church	What's Cooking in the Kitchen?! (R)* 9:30am & 1pm Interfaith Food Bank  NA New Balance Group 7pm Lutheran Church  Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	What's Cooking in the Kitchen?! (R)* 9:30am & 1pm Interfaith Food Bank  Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts  NA New Beginners Group 7pm Chinook Meeting Hall  AA Meeting 8pm Trinity Lutheran Church	What's Cooking in the Kitchen?! (R)* 9:30am & 1pm Interfaith Food Bank	