

# May Individual Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>What's Cooking in the Kitchen?! (R)*</b> 9:30am & 1pm Interfaith Food Bank *these classes happen from Monday to Friday throughout the entire month	NA New Beginners Group 1 7pm Chinook Meeting Hall Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts Grief Support 7pm-9pm City Light Church AA Meeting 8pm Trinity Lutheran Church	NA New Balance Group 2 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Communication & Self Esteem 3 9:30-11:30am JobLinks Employment Centre Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	4	Gamblers Anonymous Meeting 5 7pm Chinook Society for Recovering Addicts
AA Meeting 6 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 7 7pm Parkdale United Church	Budget Dollars & Sense 8 9:30-11:30am JobLinks Employment Centre NA New Beginners Group 7pm Chinook Meeting Hall Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts Grief Support 7pm-9pm City Light Church AA Meeting 8pm Trinity Lutheran Church	NA New Balance Group 9 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Resume Writing 10 9:30am-11:30am JobLinks Employment Centre Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	11	Gamblers Anonymous Meeting 12 7pm Chinook Society for Recovering Addicts
AA Meeting 13 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 14 7pm Parkdale United Church	Labour Market Information & Job Search Skills 15 9:30-11:30am JobLinks Employment Centre NA New Beginners Group 7pm Chinook Meeting Hall Grief Support 7pm-9pm City Light Church AA Meeting 8pm Trinity Lutheran Church Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts	NA New Balance Group 16 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Interview Skills & Job Maintenance 17 9:30-11:30am JobLinks Employment Centre Gamblers Anonymous Meeting 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	18	Gamblers Anonymous Meeting 19 7pm Chinook Society for Recovering Addicts
AA Meeting 20 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 21 7pm Parkdale United Church	NA New Beginners Group 22 7pm Chinook Meeting Hall Grief Support 7pm-9pm City Light Church AA Meeting 8pm Trinity Lutheran Church Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts	NA New Balance Group 23 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 24 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	25	Gamblers Anonymous Meeting 26 7pm Chinook Society for Recovering Addicts
AA Meeting 27 8pm Bassano Health Centre	Food Addicts Anonymous Meeting 28 7pm Parkdale United Church	Anger Awareness & Stress Management 29 9:30-11:30am JobLinks Employment Centre NA New Beginners Group 7pm Chinook Meeting Hall Grief Support 7pm-9pm City Light Church AA Meeting 8pm Trinity Lutheran Church Gamblers Anonymous Meeting 7pm Chinook Society for Recovering Addicts	NA New Balance Group 30 7pm Lutheran Church Food Addicts Anonymous Meeting 7pm Lethbridge Regional Hospital	Gamblers Anonymous Meeting 31 6pm Chinook Society for Recovering Addicts NA New Beginners Group 7pm Chinook Meeting Hall AA Meeting 8pm Trinity Lutheran Church	<p><i>Legend</i></p> <ul style="list-style-type: none"> <li>Blue Text = Addictions Support</li> <li>Purple Text = Educational Supports for Finding and Maintaining Jobs</li> <li>Teal Text = Grief Support</li> <li>Black Text = Cooking Classes and Financial Educational Supports</li> <li>Green Text = Self-Improvement Workshops</li> <li>\$ = cost associated with event or activity</li> <li>R= registration required</li> </ul>	