

May Family Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Family Cooking Classes (R)* 9:30am-11:30am & 1pm-3pm Family Centre North</p> <p>*these classes happen daily throughout the entire month</p>	<p>Parent Cafe* 8:30am-9:30am Family Centre West</p> <p>*these classes happen every Monday, Tuesday, Thursday, and Friday throughout the entire month</p>	<p>Day Home Family Day (R) 1 9:30am-11am Family Centre Downtown</p> <p>Baby Signing (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Post Natal Group (R) 1:30pm-3pm Family Centre Downtown</p> <p>A New Beginning Al-Anon Family Group 7pm McKillop United Church</p>	<p>Kids in Action 2 9:30am-11am Family Centre Downtown</p> <p>Building Families That Thrive (\$ & R) 9:30am-11am Family Centre Downtown</p> <p>Twins and Triplets Club 7pm College Drive Community Church</p>	<p>Parents and Children Together (PACT) (\$ & R) 3 9:30am-11am Family Centre Downtown</p> <p>Ooey Goopy Sensory Play (\$ & R) 11am-11:30am Family Centre West</p> <p>Just for Today Al-Anon Family Group 1pm Lethbridge Centre</p> <p>Me & My Family 5:30pm-7pm Family Centre Downtown</p>	<p>Parent Talk 4 9:30am-11am Family Centre Downtown</p> <p>Growing Abilities (R) 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 5 9:30am-11am Family Centre Downtown</p>
6	<p>Parents and Children Together (PACT) (\$ & R) 7 9:30am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones (R) 5:30pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Day Home Family Day (R) 8 9:30am-11am Family Centre Downtown</p> <p>Baby Signing (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Post Natal Group (R) 1:30pm-3pm Family Centre Downtown</p> <p>A New Beginning Al-Anon Family Group 7pm McKillop United Church</p>	<p>Kids in Action 9 9:30am-11am Family Centre Downtown</p> <p>Building Families That Thrive (\$ & R) 6pm-8pm Family Centre Downtown</p>	<p>Parents and Children Together (PACT) (\$ & R) 10 9:30am-11am Family Centre Downtown</p> <p>Ooey Goopy Sensory Play (\$ & R) 11am-11:30am Family Centre West</p> <p>Just for Today Al-Anon Family Group 1pm Lethbridge Centre</p> <p>Me & My Family 5:30pm-7pm Family Centre Downtown</p>	<p>Parent Talk 11 9:30am-11am Family Centre Downtown</p> <p>Growing Abilities (R) 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 12 9:30am-11am Family Centre Downtown</p> <p>Couples that Thrive (R & \$) 9:30am-3:30pm Family Centre Downtown</p> <p>Focus on Communication in Separation (R & \$) 9:30am-4:30pm Family Centre Downtown</p>
13	<p>Parents and Children Together (PACT) (\$ & R) 14 9:30am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones (R) 5:30pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Day Home Family Day (R) 15 9:30am-11am Family Centre Downtown</p> <p>Baby Signing (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Post Natal Group (R) 1:30pm-3pm Family Centre Downtown</p> <p>A New Beginning Al-Anon Family Group 7pm McKillop United Church</p>	<p>Kids in Action 16 9:30am-11am Family Centre Downtown</p>	<p>Parents and Children Together (PACT) (\$ & R) 17 9:30am-11am Family Centre Downtown</p> <p>Ooey Goopy Sensory Play (\$ & R) 11am-11:30am Family Centre West</p> <p>Me & My Family 5:30pm-7pm Family Centre Downtown</p> <p>Just for Today Al-Anon Family Group 1pm Lethbridge Centre</p>	<p>Parent Talk 18 9:30am-11am Family Centre Downtown</p> <p>Growing Abilities (R) 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 19 9:30am-11am Family Centre Downtown</p>
20	<p>Parents and Children Together (PACT) (\$ & R) 21 9:30am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones (R) 5:30pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Day Home Family Day (R) 22 9:30am-11am Family Centre Downtown</p> <p>Baby Signing (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Post Natal Group (R) 1:30pm-3pm Family Centre Downtown</p> <p>A New Beginning Al-Anon Family Group 7pm McKillop United Church</p>	<p>Kids in Action 23 9:30am-11am Family Centre Downtown</p> <p>Building Families That Thrive (\$ & R) 6pm-8pm Family Centre Downtown</p>	<p>Parents and Children Together (PACT) (\$ & R) 24 9:30am-11am Family Centre Downtown</p> <p>Ooey Goopy Sensory Play (\$ & R) 11am-11:30am Family Centre West</p> <p>Me & My Family 5:30pm-7pm Family Centre Downtown</p> <p>Just for Today Al-Anon Family Group 1pm Lethbridge Centre</p>	<p>Parent Talk 25 9:30am-11am Family Centre Downtown</p> <p>Growing Abilities (R) 2pm-3:30pm Family Centre Downtown</p>	<p>Me & My Dad 26 9:30am-11am Family Centre Downtown</p>
27	<p>Parents and Children Together (PACT) (\$ & R) 28 9:30am-11am Family Centre Downtown</p> <p>Baby PACT (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Stepping Stones (R) 5:30pm-8pm Family Centre Downtown</p> <p>Let it Begin With Me Al-Anon Family Group 7:30pm Central Church of Christ</p>	<p>Day Home Family Day (R) 29 9:30am-11am Family Centre Downtown</p> <p>Baby Signing (\$ & R) 1:30pm-3pm Family Centre Downtown</p> <p>Post Natal Group (R) 1:30pm-3pm Family Centre Downtown</p> <p>A New Beginning Al-Anon Family Group 7pm McKillop United Church</p>	<p>Kids in Action 30 9:30am-11am Family Centre Downtown</p> <p>Managing Fighting and Aggression (R) 6pm-8pm Family Centre Downtown</p>	<p>Parents and Children Together (PACT) (\$ & R) 31 9:30am-11am Family Centre Downtown</p> <p>Ooey Goopy Sensory Play (\$ & R) 11am-11:30am Family Centre West</p> <p>Me & My Family 5:30pm-7pm Family Centre Downtown</p> <p>Just for Today Al-Anon Family Group 1pm Lethbridge Centre</p>	<p>Legend</p> <p>Purple Text = Parent/Child Learning and Play Blue Text = Addictions Support Green Text = Support for Parents of Children With Disabilities Teal Text = Support for Parents Struggling With Mental Illness Black Text = Cooking Classes, Family Communications Resources, and Support for Parents of Multiples \$ = cost associated with event or activity R= registration required</p>	